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## VIRTUES

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O F
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## BRITISH HERBS.

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\text { By } \quad D^{\mathrm{R}} \quad \mathrm{H} \quad \mathrm{I} \quad \mathrm{~L} \text {. }
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1771. 

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## V I R T U E S

O F

## BRITISH HERBS.

## WITH THE <br> HISTORY, DESCRIPTION, and FIGURES, of the feveral Kinds;

An Account of the Diseases they will cure;
The Family Methods of giving them ; and the
Management of the Patients in each Difeafe:
CONTAINING,

CURE8 OF
Head-Achs by Feverfew Tea, with Two Singular Inftances.

CURES OF
ConsumptionsbyColisfoot Tea,

Of Hectic Fevers by the DAisys, Colics by Leaves of CHAMOMILE, And
Agues by its Flowers.

A Recommendation of the Bideins Cernua to fupply the Place of the Ceylon Acmella, fo celebrated in the Gravel ; but not to be had with us.
And a CASE, with all its Circumftances and Symptoms, of the Hooping-Cough, cured by a Tea of the frefh Root of Elecampane.
The Whole illufrating that important Truth,
That the Plants of our own Country will cure allits Diseases.
To which are added,
Cautions againft the Two Othonnas, deftructive of Sheep.
A WORK intended to be ufeful to the Sick, and to their Friends; to private Families; and to the Charitable, who would help their Neighbours.

No. I. To be continued Occafionally, as new Virtues are difcovered in Plants; or neglected, or doubtful ones afcertained by Experience.

## By JOHN HILL, M. D.

Member of the Imperial Academy.

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\mathrm{L} O \mathrm{~N} D \mathrm{O} \text { N: }
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Frinted for R. Rafdwin, in Pater-nofter-Row; J.Ridiey, in St. James's. Street; J. Nourse, T. Becket, P. Eemsey, J. Campbele, in the Stiand; T. Davis, in Piccadilly; T. Davies, in Ruffel-Street, Covent-Garden; Robson, ir Bond-Street; Wmite, in Fleet-Street; Pearch, in Cheapfide; Ryexy, in Curzon-Street; and Ricaarosom and Urquiakt, at the Royal Exchange.
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## INTRODUCTON.

THE Author having read a great deal, and feen fomething, of the Virtues of Plants of our own Growth, intends here, to the bef of his abilities, to be ufeful: recounting all that is jufly attributed to thefe Plants by refpected Authors; and confirming, by authentic cafes, whatever has been repeated within his own experience.

Having lately written a Hiftory of the Britih Plants in a fuccinct manner, and in the Latin language ; intended principally for the ufe of A 3 Phyficians.

Phyficians, he propofes here to deliver the Acs counts of their Virtues, and Rules for adminiftering them; fitted for general fervice, and in our own tongue: and to lay down the whole more at large, than was needful to thofe who were already acquainted with the practice of Phyfic.

The firft care will be to acquaint the Reader perfectly with the Plant that is recommended to be ufed: and to prevent all occafion of error, a Figure and Hiftory will be given, not only of the right kind, but of all others of the fame Name, and general Nature; which might be miftaken for it ; tho' they have no particular virtue, or perhaps have even contrary qualities.

Next, the Difeafe in which the Herb, thus known with certainty, may be ferviceable, will be fo explained, that all error in that article may be alfo avoided.

And the laft care will be to difect in what manner the falutary Plant may beft be ufed in families.

Befide the Englifh Name of every Herb, there is given the Latin one: and this, it is earneftly recommended to all perfons, to accuftom themfelves to ufe. There is great and vaJuable knowledge eafily to be acquired on this fubject; and it fhould be propagated univerfally: but this way alone that can be done.

The Englifh Names of Herbs are equivocal ; the fame word is often ufed by our authors as a Name for many different Plants : but in the Latin all is certain. As our own Names can be only underftood in our own country; when we ufe a Latin one the whole world knows what we fpeak of: and by the arrangement here, (when the Tables of Method relating to the whole are publifhed,) as all Plants of a like kind are placed together, and their diftinguifhing charano.... given, any will be found with eafe.

[^1]
## viii INTRODUCTION.

Lungwort is equally the Englifh Name of a kind of Hawleweed, of a fort of Mofs, and of a Plant approaching to the nature of Hound's tongue: now when an Herb is directed under that Name, no one can tell which of all thefe is meant. In Latin their Names are as different as their Nature; and in ufing thofe, there can be no miftake. A thoufand inftances of like kind might be produced : but one is as good as a thoufand.

It will be happy, if, by the fame means, the knowledge of Plants alfo become more general. The ftudy of them is pleafant; and the exercife of it healthful. He who feeks the Herb for his cure ; will often find it half effected by the walk: and when he is acquainted with the ufeful kinds, he may be more peoples, befide his own, Phyfician.

This knowledge is not to be fought in the old Herbals; they contain but a fmall part

## INTRODUCTION. ix

of it: and what they hold is locked up in obfcurity. They are exceffive in their praifes : and in faying too much; they fay nothing. All virtues are, in a manner, attributed to all Plants ; and "tis the kill alone of a Phyfician that can feparate, (in thofe that have any) which is the true. Turn to the Herbals of Gerard Parkinfon, or the more ancient Turner, and you fhall find, in many inftances, virtues of the moft exalted kind related of Herbs, which, if you were to eat daily as fallads, would caufe no alteration in the body.

But we are not to conclude from this, that Herbs do not poffefs real virtues. Very many of them do ; and of kinds fo eminent, that phyfic would be but a poor art without them. To diftinguifh thefe, and to teach perfons not bred to phyfic how to apply them; is the good intended in this Publication : and even beyond the bounds of written leffons, fuch opportunities, as the Author of it has to promote this purpofed utility, will never be withheld from any.

If any one entertains a doubt concerning the Plant he would ufe, after comparing it with the Figure and Defcription, the Gardener at Bay fwater fhall give a fample of it, for afking : and all Perfons may command the farther Opinion and Directions of the Author when they pleafe.

St. James's Street,
Nov. 3, 1771.
J. HILL。

## V I R T U E S

O F

## BRITISH HERBS.

## H E R B S

Which have a radiated Flower ; growing in a divided Cup.

$$
\begin{aligned}
& \text { 1. O THON NA. } \\
& \text { S E G GROM. }
\end{aligned}
$$

## Plate I.

The Cup is deeply divided, into a number of long, flat Teeth.
д. ОTHON-

## [ 12 ]

## f. OTHONNA INTEGRIFOLIA.

## MOUNTAINRAGWORT.

Plate 1. Fig. I.
The Leaves are undivided.

This is a Weed of our high Pafture Grounds; But not common: it fcarce exceeds eight Inches in height ; but it grows upright ; and has no Branches.

The Leaves are pale, thick, and downy.
The Flowers are of a light yellow; they grow in a Clufter at the Top of the Stalk, and have a Circle of narrow Leaves under them.

They blow in July.

Befide the Virtues which are known in Plants; it will be ufeful to give Cautions of their Danger. Careful farmers fay this hurts their fheep : that their wool grows loofe on eating it. Taken inwardly it is an acrid, and a dangerous purge. There is a kind, fcarce differing from this, which manifefts the fame ill qualities, in Switzerland.



## [ 13]

We have in this, and the fucceeding Plant, a friking inftance of the value of Latin names. Othonna, or Cineraria, belongs to both there; and each has, under thefe names, a juft diftinction by its fecond term ; the one by Integrifolia, and the other by Paluftris. The name Othonna belongs to no Britifh Plant befide thefe two ; and will be underftood, not only here, but in all nations: Whereas the Term Seggrom, which is diftinctly and truly the name of thefe Plants, is in our language applied alfo to the common Ragwort, an Herb of our Paitures, and to Groundfell, a Weed of our Gardens: and, to encreafe the confufion, it is, in common fpeaking, not given to either of thefe two ; for cuftom calls one of there Ragwort, and the other Fleabane. Many words would be needful to explain thefe equivocal expreffions, if ufed in directing the Plants for Medicine ; and perhaps, after all, it would not be done well: but the Latin name removes all doubt at once : it belongs to nothing elfe, and it is known univerfally'; nor will any

## [ 14 ]

future innovation, however fupported, change it in the judicious mind ; or prevent the Plant's being diftinctly and perfectly known, by all perfons, under this denomination.
2. OTHONNA PALUSTRIS.

## MARSH FLEABANE.

Plate I. Fig. 2.
The Leaves are deeply cut.

This is an inhabitant of our marfhes, toward the fea: a perennial Plant.

It grows to a Yard high, but with few Branches.

The Leaves are of a frefh green ; very fmooth, and delicate.

The Flowers are yellow, large, and not unhandfome.

They blow in Auguft.

Its qualities too much refemble thofe of the preceding

## $\left[\begin{array}{ll}{[5} & 1\end{array}\right.$

preceding kind. Cattle, brought from other places, into fome lands belonging to myfelf, near Whitlefea, in the Ifle of Ely, have fallen into difeafes on eating it: Thofe bred where it grows are obferved not to touch it.

## H E R B S

Which have a radiated Flower, growing in a Cup, formed of one row of diftinct Scales.
I. B I D E N S.

HEMP AGRIMONY.
Plate 2.
The Scales which compofe the Cup are hollowed.
I. BIDENS CERNUA.

DROOPING HEMP AGRIMONY.
Plate 2. Fig. I.
The Leaves embrace the Stalk at their bafe.

This

## $\left[\begin{array}{ll}16\end{array}\right]$

This is a common Plant about the ditches in Ireland : but it is fcarce with us.

It bas a branching reddifh Stalk of about two Feet high.

The Leaves are of a deep, dull green, and fmonth.

The Flowers are of a dead yellow : they hang their heads; but the Tufts of Seed that follow ftand upright.

It is an Annual ; it flowers in July, and lafts till the froft kills it.

This is one of the very many Britifh Plants, concerning the Virtues of which we are perfectly ignorant. No one has yet tried it : but there are reafons to fuppofe its qualities are eminent. Cattle are not fond of it. This often is a mark of great medicinal virtues; as well as fometimes of mifchievous powers.

The fmell is frong, and fingular ; the tafte is fharp, and biting, with a little bitternefs.

There is a Plant, of Ceylon, called Acmella a kind of Verbefina, diftinguihed beyond all things in the cure of the Gravel. This has its very tafte and fmell, and flavour ; and Chymiftry has hewn their near refemblance: A careful fuccefor of Nebelius made this trial; and 'tis pity fome one has not, in like manner, examined into its qualities in medicine. 'Tis one of the Herbs to be recommended to the practifing Phyficians; and will not want its place among thofe hereafter to be examined, by the Author of thefe obfervations.

If there could want more proof of the propriety, nay the neceffity, of fpeaking of Plants under their Latin names, we have another here before us. This Herb is here recommended to the practifers of phyfic, for trial, in a great and terrible, and yet a very common difeafe : now if we fhould have given it only its Englin name, Hemp Agrimony, that is alfo the name of the herb Eupatorium, a Plant as different from this as two things well can be from one another; in tafte, $\mathrm{N}^{\circ} \mathrm{I}$. B in
in fmell, and virtues, as well as in its form : for this other Herb, called alfo Hemp Agrimony in Englifh, is a purge.

Two perfons, in two places, ufing thofe different Herbs under the fame name, could never confirm, or fo much as believe, each other's accounts: and there is no other way to truth in medicine, but by thefe mutual trials : But when we call the Herb by its diftinct Latin name, Bidens, it is impofible this error fhould have place; or any other, when we apply farther to its fecond name, and its Defcription, and Figure here.

> 2. TUSSILAGO.
> COLTSFOOT.

Plate 2.
The Scales which compofe the Cup are flat.
I. T U S S I-

## Page 18 TUSUSTLAGO



## [19]

\&. TUSSILAGO FARFARA.
COMMON COLTSFOOT,
Plate 2. Fig. 2.
The Leaves are hearted.

This low Herb fpreads its Root in damp and clayey grounds; from which the flowers rife early in Spring, before the Leaves appear; and fade, and are quite gone by that time there have attained their natural fize : a thing that looked fo fingular to our anceftors, they called the Plant, The Son before the Father.

The Stalk is about feven Inches high, leaflefs, but hung about with fkinny films; and on its top there fands only one Flower.

The Leaves, which are in their perfection when this part is quite gone, are roundifh, and notched; as broad as one's hand; of a pale green ; white and downy underneath; and of a tough, firm fubftance.

The

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\left[\begin{array}{ll}
20
\end{array}\right]
$$

The Flower is lemon-coloured; and large.
The Root is perennial ; and the Leaves are to be had till Winter. Thefe are the part which contain its great virtue : they have a foft and mucilaginous, but fomewhat bitter tafte.

They are good in the Gravel, and Inflammations of the Kidneys; but their, great virtue is in difeafes of the Breaft; in Afthmas particularly; and in Confumptions. The beft way of taking Coltsfoot is in decoction ; for it does not fo fully or well communicate its virtues to fpirit. The way to have them beft of all for ufe is this:

Clip fmall a quantity of the Leaves frefh gathered; put them into an earthen pipkin, and pour upon them as much boiling water as will cover them. Let this ftand all night. In the morning boil it a few minutes; and put in as much honey as will fweeten it. A half-pint bafin

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\left[\begin{array}{ll}
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\end{array}\right]
$$

bafin of this hould be drank warm three times a day.

The patient fhould alfo have fome of the Leaves dried and cut fmall, and fmoke them as tobacco. This is a practice as old as the time of the Romans ; and prefent experience fhews it right, and excellent.

Few things will do fo much toward curing a Confumption, as Coltsfoot, ufed conftantly thefe two ways.

Here let us fop a moment, and adore the goodnefs of the Divine Providence; which makes the beft things the moft common! The Seggroms, which can do only mifchief, are found but in a few places: this, fo full of excellence, grows at our doors; and we tread it every where under our feet.

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## RADIATED HERBS,

WITHA
D O UBLE CUP.

## H E R B S

Which have a radiated Flower, growing in a Cup, compofed of two Ranges of Scales.

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\begin{aligned}
& \text { 1. B E L L I S. } \\
& \text { D A I S Y. } \\
& \text { Plate } 3 .
\end{aligned}
$$

The Cup is rounded, and its Scales are equal.

1. BELLIS

BE゙LLIS


4
Pl 3


## $\left[\begin{array}{ll}23\end{array}\right]$

## 1. BELLIS PERENNIS.

LITTLE DAISY.

## Plate 3.

One Flower only grows upon a Stalk.

This is the univerfal ornament of our partures;
a Perennial; flowering all the Summer.
Its leaflefs Stalk is three Inches high.
The Leaves, which grow from the Root, are oblong, fmooth, and of a deep green.

Its Flowers, in their wildeft and moft fimple ftate, are very pretty by their mixture of red and white; but when the gardener beftows culture on them, few things return it better : we fee them grow double, large, full, quilled, and proliferous; young Flowers furrounding the older.

This is another Herb which Nature has made B 4 common;

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\left[\begin{array}{ll}
.24
\end{array}\right]
$$

common; becaufe it may be ufeful.-The Daify has great, but neglected qualities; worthy of a ferious attention.

Its Leaves contain thefe virtues. Their tafte is that of Coltsfoot, but more mucilaginous; and without its bitternefs.

It is excellent againt Hectic Fevers ; and internal Inflammations, of whatever kind; and in whichever of the Vifcera.

An infufion of it fhould be made as of the Coltsfoot, and juft once boiled. It fhould then be drank in the fame manner, with an equal quantity of milk.

Affes milk has ten times its effect if this be taken with it.

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\begin{aligned}
& \text { 2. ANTHEMIS, } \\
& \text { CHAMOMILE. }
\end{aligned}
$$

## Plate 4.

The Cup is rounded, but the Scales are of unequal length.
I. ANTHE-

Anthemis notilis.

Sweet Chamarmile

wive


## [ 25 ]

i. ANTHEMIS NOBILIS.

SWEET-SCENTED CHAMOMILE.
Plate 4. Fig. I.
The Leaves are three times divided, and the divifions are narrow.

This fweet Plant grows wild with us, on damp heaths, and by waters; and has much greater virtues there, than in our gardens.
'Tis a Perennial, fcarce rifing five or fix Inches from the ground.

The Leaves are of a deep green, fragrant, and cut into very fine divifions.

The Flowers are large and white.
Nature offers them to us fingle; and in that fate they have the greateft virtue ; becaufe thofe yellow Threads which then fill their center poffefs it highly : but 'tis the unlucky cuftom of the time to ufe them double from the gardens.

They blow in July and Auguft.

All parts of this excellent Plant are full of virtue.

## $\left[\begin{array}{ll}{[26} & ]\end{array}\right.$

virtue. The Leaves, given in infufion, cure Colics; and difpel wind from the Stomach ; and are excellent againt Indigeftion.

The Flowers are a fine and noble bitter. Few things are equal to them in ferengthening the Stomach, and creating an appetite, as well as affinting digeflion. But more than this, they will cure Agues. I have known them do it after the Bark has failed.

The beft way of taking the Leaves is in a flrong kind of Tea, in which way even that Colic which atiends the Gravel yields to them.

When given to ftrengthen the Stomach, a Tea made frrong of the fingle Flowers of the Wild Chamomile is bef: : and thofe who have not made it from fuch Flowers know lefs than half its virtue.

For Agues, the fame kind of Flowers fhould be dried and powdered, and a fcruple taken
once in four hours; and this repeated for four days.

An oil, diftilled from thefe Flowers, is excellent in Colics; and, what is very fingular, it is blue.

## 2. ANTHEMIS COTULA. STINKING MAYWEED.

 Plate 4. Fig. 2.The center of the Flower rifes, and the divifions of the Leaves fwell in the middle.

This offenfive Plant is common in plowed lands ; an annual Weed, that, by its abundance, often robs the crops of their beft nourifhment.

It grows to a Foot high, branched and fpreading.

The Stalk is ruddy.
The Leaves are of a deep and blackifh green, and of an ill fmell.

The Flowers are white, with a high yellow difk, pointed at top.

They

## [ 23 ]

They blow in May and June.

The Flowers have the fame virtue with thofe of Chamomile, but in a very inferior degree, and are lefs agreeable.

The Leaves operate by urine, and fometimes by fool ; but both ways roughly and difagreeably. 'Tis frange that Hoffman thought thefe Leaves more emollient than thofe of Chamomile. Experience fhews otherwife.

3. ANTHEMIS ARVENSIS.<br>CORN CHAMOMILE。

Plate 4. Fig. 3.
The center of the Flower rifes: the Leaves are thin like hairs.

This is the commonef Weed on our ditch banks.

It grows to a Fcot and half high; wild and fpreading.

The Stalk is red and brittle.
The Leaves are of a dead paie green.
The Flowers are large, and white.
They blow in June, and laft till Winter kills the Plant.

The qualities are thofe of the fweet Chamomile, but in a flight degree.
4. ANTHEMIS TINCTORIA. OXEYE CHAMOMILE.

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\text { Plate 4. Fig. } 4 .
$$

The Leaves are deep cut, and their parts are dented.

This is a Perennial, native only of our northern counties; but there, it is a pafture Weed, not uncommon.

The Stalk is ruddy, two Foot high, and branchy.

The Leaves are glofly, of a frefh, pale green, and a little downy underneath.

## [ 30 ]

The Flowers are of a gold yellow, large, and very handfome.

They blow in June.

The Flowers contain the virtue of the Plant. They promote urine; and have often cured the Jaundice. They are to be dried, and carefully powdered. A dram is to be taken twice a day.

They are ufeful alfo in manufacture ; for they afford a yellow for the dyers.

## 5. ANTHEMIS MARITIMA.

> SEA.CHAMOMILE.

Plate 5.
The Leaves are thick and flefhy, and the Cups are downy.

This is an inhabitant of our damp grounds, toward the fea; a very pretty creeping Plant.

The Stalk is crimfon, branchy, and fix Inches long; but it farce rifes from the ground.


Anthemis Martioma Sea Chamæmile
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## $\left[\begin{array}{ll}3 I\end{array}\right]$

The Leaves are of a frefl, blueifh green, and dotted.

The Flowers are fnall, and white, with a yellow diflk.

They blow in June.

Their virtues are thofe of Chamomile; but night and trifing.

Thore who live about the fea coafts, where this Plant is common, ufe an infufion of the Flowers, for Agues; but the powder of the right kind is far better.

## H E R B S

Which have a radiated Flower, growing in a Cup, formed of many ranges of faly Films.

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\begin{gathered}
{\left[\begin{array}{cc}
{[32} & ] \\
\text { I. I N U L A. } \\
\text { E L. F W O } & \\
\text { Plate } 6 .
\end{array}\right.} \\
\end{gathered}
$$

The Cup is wide, the Scales ftand loofe, and the lower range is leafy.
I. INULA HELENIUM. ELECAMPANE.

Plate 6. Fig. I.
The Leaves are, vaft, rugged, long; and hoary underneath.

This is a native of our meadow grounds; and from its virtues is become common in our gardens.

It is a robuft and ftately Plant ; a Perennial with a firm and a handfome appearance. It grows to four Foot high.

The Stalk is thick, ruddy, and branched a littie.

The Leaves are of a dull, faint green.
The Flowers are large, and yellow.
They blow in July and Auguft.



## $\left[\begin{array}{ll}{[33}\end{array}\right]$

The Root, which is long and large, contains the virtues of the Plant : and few have greatet.

It has a fragrant, very agreeable fmell, and a fpicy, fharp, and fomewhat bitterifh tafte. It has long been famous for the cure of all difeafes of the Breaft; and it has alfo great virtues in malignant fevers: but it has others; and thofe more diftinguifhable than thefe: in ftrengthening the Stomach, and that way affifting digeftion; not in the manner of bitters, but as a warm, invigorating, and animating medicine, it has not its equal : and it cures the Chin-cough in children, when all elfe fails。
'Twere vain to expect thefe virtues in the dried Root, fold at druggits; which has been baked, ground in a mill, and, tho cheap enough in itfelf, yet mixed with flour, to make it cheaper. In that ftate it has little either of tafte, fmell, or virtue. The garden muft fupply it frefh to thofe who would know its real value. There, as it rifes freely from Nature,

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is

## [ 34 ]

it is full of all thefe excellent qualities. The tafte and fmell, compared with the dry, will abundantly fhew this, before we feel its good Effects.

The way of taking it is this:
Slice the frefh Root thin ; and to a quarter of a pound of it pour three pints of boiling water. After ftanding all night, boil it a few moments; and, when cold, ftrain the Liquor off.

To a pint of this add a quarter of a pint of mountain wine; if 'tis to be given to a grown perfon for diforders of the Stomach : and let a full wine glafs of this be drank three times a day.

When it is intended for the Chin-cough, half the quantity of the Root will be fufficient. It need only be infufed, not boiled : and inftead of the wine, add a quarter of a pound of honey: then give two table-fpoonfuls at a dofe four times a day.

## [ 35 ]

Nor will the virtues of this Root, in cuting this kind of Cough, appear at all ftrange to thofe who, practifing rational phyfic, trace up difeafes to their caufe.

The Chin cough is not of the nature of thofe Coughs which follow Colds; it has not the fame origin, nor is it feated in the fame place. A tough and fourih phlegm, lodged on the coats of the Stomach, and adhering to them, is the caufe. Nature at once fhews this; and points out the way to the cure ; by childrens vomiting up fuch phlegm, after their violent fits of coughing in this difeafe; and als ways finding relief from it.

Now, of all medicines yet known, Elecampane Root; when frefh and full of virtue, warms, ftrengthens, and invigorates the Stomach the beft: and by that, cures the difeafe, and prevents its return.

## $[36]$

This is not a new ; but only a neglected doctrine : Walfchmid and Dolæus, great and excellent writers, tho' too little read at prefent, confirm it with reafons ; and by repeated obfervations.

Receive an inftance of it here, at home:

Mifs *** *******, of Soho, was brought to me, reduced almoft to death by this difeafe. She coughed by fits for a length of time fcarce credible; and that with diftracting efforts, and a found that tore the hearts of all who faw, and heard her.

The nurfe had given her Cup Mofs; and the apothecary mofaic gold; in vain. They had fed her with fried mice, (according to a beafted family receipt) to loathing; but that could be to no purpofe. A phyfician of great worth had followed Sydenham faithfully, and the poor infant had been bled and purged till no fitength

## [37]

ftrength remained ; except in the difeafe : which grew fill worfe, as the grew weaker.
'Twas in this fate I faw the poor, the emaciated little creature; when I directed the Elecampane Root.

She firft took a very gentle vomit, a few grains of Ipecacuanha. The efforts this occafioned were nothing ; compared but to an ordinary fit of coughing.

A few drops of Lettuce wine compofed her for the night ; and next day the began to take the infufion, as here directed to be made, with honey, and only of half the ftrength : two punces of the Root being ufed to three pints of water, and that without the boiling.

From the time the began this the ufed no other drink; and from that time fhe gradually recovered,

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Her

## $\left[3^{8}\right]$

Her body was, in the mean while, kept open; not by purges ; for they irritate ; but by glyfters : and fhe became fo well, that the fervants here would not believe 'twas the fame child? tho brought by the fame perfon.

What infinite good may arife from this eafy remedy being once made univerfally known! 'Tis fo innocent that none need fear to adminifter it. And if in any cafe circumftances rife which require particular advice, fuch as I can give, they always may command who want it.

Since the two firft Editions of this Pamphlet were publifhed, a great deal of good has been obtained by this Plant : and the more it is ufed, the more it will be efteemed.
2. INULA DYSENTERICA. MIDDLE FLEABANE。

Plate 6. Fig. 2.
The Stalk is woolly ; and the Leaves are oblong, and clammy.

## [ 39 ]

This is an ugly and ill-looking annual Weed, frequent on wafte grounds and by way-fides.

It grows to a Foot high, with a few Branches.
The Leaves are pale, and whitifh; and fick to the Fingers on touching them.

The Flowers are of a light yellow.
They blow in Auguft.

One fcarce would think any thing refembling Elecampane in fmell, would be difgufful : but this, tho' with the real flavour of that charming Herb, is highly fo : and in its tafte is acrid, and forbidding.

## 3. INULA PULICARIA. §MALL FLEABANE.

Plate 6. Fig. 3.
The Rays of the Flower are very fhort: the Leaves are hort and waved.

## [ 40 ]

This is another ill-looking annual Weed, fre* quent in wet wafte places.

It grows to eight Inches high ; but commonly lies, in part, upon the ground.

The Stalk is of a ruddy brown.
The Leaves are fhort, fmall, and of a dull dead green.

The Flowers are fmall, very poor, and of a dirty yellow.

They blow in Auguft.

The fmell of this and the former are fuppored hateful to infects ; and the juice deftructive of them.
4. INULA CRITHMOIDE\&. GOLDEN.SAMPIRE。 Plate 6. Fig. 4:

The Leaves are three pointed.

## [4I]

This beautiful perennial Plant is the ornament of our fea marfhes.

It grows to a Yard high, with many Branches.
The Leaves are of a blue green; thick, flefhy, and juicy.

The Flowers are of a gold yellow.
They blow in June.
II.

CHRYSANTHEMUM CORN MARYGOLD.

The Cup is elliptic, and its Scales ftand clofe : the inner range of them is thin.
I. CHRYSANTHEMUM S E GETUM. CORN MARYGOLD.

Plate 7. Fig. 1.
The Root Leaves are oblong, and deep dented.

## $[42$ ]

This very beautiful Plant is an Annual, native of our corn fields.

It grows to two foot high, with many fpreading Branches.

The Leaves are glofly, and of a blue green.
The Flowers are large, and of a gold yellow.
They blow in Auguft.
2. CHRYSANTHEMUM LE UCANTHEMUM. GREAT DAISY. Plate 7. Fig. 2.
This is a biennial Plant; an ornament of our pature grounds, as the other of our corn fields, in Autumn. It is no way related to the Little Daify of our meadows, in character or virtues: only in name.

It grows to two foot high, with few Branches.
The Leaves are of a deep, dead green, and imooth.

The Flowers are vaft, and of a milky white, They

 Character Genericus nespren


$$
[43]
$$

They blow in Auguft.

4 The tafte of this Plant is fharp and acrid: and it has no fmell. Its virtues have not been enough enquired into,

It is a fharp and pungent diuretic ; cleanfing the kidneys: but many and careful trials fhould be made of it before 'tis freely ufed. An infufion contains all its virtue; and has the heat of Cardamoms, or Cubebs. Any boiling weakens it.

## III.

## ASTER.

STARWORT.

The Cup is conic ; the Scales of it are leafy ; and their points fland out.

A STER TRIPOLIUM. SEA STARWORT. Plate 8.
The Leaves are narrow; and the Flowers are many.

Multitudinous

## [ 44 ]

Multitudinous as the kinds of After are, with which the warmer parts of Europe, and, moft of all, America, have filled our gardens; this is the only one that graces our country wild.

It is a Perennial ; native of our damp grounds near the fea, and great rivers: a handfome Plant, of a Yard high.

The Stalk is ruddy, and branched.
The Leaves are fmooth, and of a very fine green.

The Flowers are numerous, large, and blue.
They blow in Auguft.
Of its virtues nothing is known,
IV.

M A TRICARIA. FEVERFEW.

The Cup is rounded: and its Scales are very numerous, and very narrow.


## [45]

## I. MATRICARIA PARTHENIUM.

 COMMON FEVERFEW.Plate 9. Fig. I.
The Leaves are cut, down to the Stalk, in broad and flafhed divifions.

This is a Weed of our wafte grounds; and is no where fo frequent as about farm-houfes; a perennial, bufhy Plant.

It grows to two Foot high, with a pale Stalk, and many Branches.

The Leaves are of a faded yeliowifh green.
The Flowers are very numerous, and white.
They blow in June.

The whole Plant has a ftrong and very particular finell, and a bitterih tafte.

Provident Nature, which has placed this Herb every where at our doors, has doubtlefs given to it thefe ftriking qualities, to invite us to its ufe; which is indeed very great.

## $[46$ ]

In diforders arifing from an obftruction of evacuations peculiar to the female fex, its virtues are beyond all praife; and above all value.

Steel given on thefe occafions tears the conftitution ; and, for a little prefent good, fometimes entails a lafting feries of diforders. The chymical preparations of Steel are yet by many degrees more hurtful than its fimple felf; but we have here an innocent Herb, incapable of harm, ready at hand, that will do all the good that can be expected from them; without the poffibility of mifchief.

The fact is the fame in a thoufand other inftances; for our own Herbs are as full of virtue, as deftitute of mifchief : and I do, in Chriftian truth, believe, (tho' 'tis a very bold conclufion) that more good may be done in the world by Herbs; than mifchief by chymical preparations.

For the ufe of this Plant no medical art is needed :

## [ 47 ]

needed : the Leaves are to be fripped off, and boiling water poured on them. A ftrong tea is to be thus made of Feverfew; and it is to be drank by half-pint bafins. Three in a day will be fufficient.

In the worft Head-Achs this Herb exceeds whatever elfe is known.

A lady of great worth and virtue, the mother of the late Sir William Bowyer, told me, that having in the younger part of her life a very terrible and almoft conttant Head-Ach, fixed in one fmall fpot, and raging at all times almoft to diftraction; and which the neighbouring Dr. Thorold, of Uxbridge, very eminent in his profeffion, had attempted in vain to remove; fhe was at length cured by a maid-fervant, with this Herb.

The lady drank the tea of it plentifully ; and applied the warm leaves, of which the tea had been made, to the part. The complaint ceafed; and never returned.

## [48)

The frequency of Head-Achs, and the Relief obtained by many from this Herb, fince the firft publication of thefe Sheets; have brought before the Author a number of Cafés, in perforis of all ranks, from the very higheft to the poor; in fome of which candour obliges him to fay, the advantage was but temporary; the pain, after a few days, returning. 'Thefe were moflly Cafes where a thicknefs of Blood, and long obftructed veffels, threatened worfe confequences; Palfies, or Apoplexies: but thefe alfo may be cured by a volatile Spirit from the Herb, diftilled with Sal Armoniac. The Reader will accept the following inftance.

A gentleman about Fifty, a perfon of honour, and not hafty in forming his opinions, gives the account.

He took a Tea of Feverfew for a vehement Head-Ach; which it always alleviated; and fometimes, for a few days, removed : but the complaint ftill returned upon him.

## [ 49] ]

It was a fettled heavinefs, and dull pain; with frequent fhootings, that cut like knives : attended with giddinefs, dimnefs of fight, and a difturbed imagination. He applied to the Author, who diftilled fuch a volatile Sirit from the fame Herb, which has perfectly eured him. This gentleman is otherwife healthy, excepting for the Gout ; and tho' he cannot fay how far this Medicine may have affifted, yet it is certain he has been, fince the taking it, much ftronger on his feet, than of fome time before.

## 2. MATRICARIA CHAMOMILLA.

CORN FEVERFEW.

Plate 9. Fig. 2.
The Leaves are cut into many parts, as fine as threads.

This is an annual Weed, hateful to farmers: but it has its virtues.
$\mathrm{N}^{\circ} \mathrm{I}$.
D

## [50]

It grows to a Foot and half high.
The Stalk is flender, pale, and branchy.
The Leaves have no fmell.
The Flowers are large, and white.
They blow in July.
There have the virtues of thofe of Chamomile; but with more cordial warmth.
> 3. MATRICARIA MARITIMA.

## SEA FEVERFEW.

The Leaves fwell up, and are thick; and they are compofed of many parts, which are again cut down to the rib.

This is a fea-fide, pereanial Plant, frequent in Cornwall.

It grows to eight Inches high, uprights and branchy.

## $\left[\begin{array}{lll}\text { [ } & \text { ] }\end{array}\right.$

The Stalk is thick, and fuddy.
The Leaves are of a dull green; hollow underneath, and rifing on the upper fide.

The Flowers are white, with a low yellow difls.

They blow in Auguit.
Its virtues are not known.

THE candid Reader has here laid before him, the Specimen of a Method, by which it is propofed, to learn; to afcertain; and then to make public, The Virtues of the Plants of Britain.

Where nothing is known, nothing is afcribes to them: where many things have bee faid, fuch alone are mentioned here as have been proved by experience: where there is a probability of virtue, the herb is propofed for trial ; and fons are given for that opinion: and where disoger threatens; that is alfo mentioned.

Upon this plan, tho the obfervations of many are requifite ; the means of them are rendered

D 2

## [ 5 ]

eafy: and the caufe truly deferves them. There are in England, on a free conjecture, fifteen hundred Plants which promife, by their tafte and fmell, confiderable virtues: of thefe more than a thoufand yet remain to be tried: And every advance is fomething to the general good; fo it be made with accuracy.

The firft thing, to this purpofe, muft be to know, and make known perfectly thePlant itfelf, to others: and in the method here employed 'tis hoped that is not difficult. The general heads of the characters; and the defcriptions of the parts, are plain at leaft; and obvious: and the fuperadded diftinctions, which mark the gradations next under them, 'tis hoped are evie dent. Thofe which diftinguif kind from kind, and Plant from Plant in the fame kind, are eafier yet, and cannot be mintaken: and herein lies the reality of knowledge.

Every one knows what a radiated Flower is; for every one has feen a Sun-flower, or a Marygold:

## [ 53 ]

goid : when therefore he fees fuch a Flower, whofe Cup has only one row of Scales, he finds here, that only two kinds of Englifh Plants have that character; and looking to the next diftinction, he fees, that if thofe Scales are flat, the Plant is Coltsfoot; if they be hollowed, it is Bidens. This is thort and eafy: more is not needful; and the Plant can never be miftaken.

Thus he will be led to know every Herb he finds; by referring it to its characters ; thofe whofe virtues are unknown, as well as thofe we are better acquainted with; for all are here: and all are neceflary to be known ; not only for diftinction from each other; but fince all may have virtues.

There is a plain neceffity alfo for knowing all the Plants of the fame name or kind with that in ufe; becaufe the greateft errors may be fallen into by ufing one of thofe kinds for another.

## [ 54 ]

Nighthade, for inftance, is a name of many Plants; all of one general kind; but of moft different virtues. There is one whofe proper dofe is two ounces; another that can make great alterations in the body by a quarter of a grain: and one whofe roots, and feveral whore fruits, are eaten at table. Therefore he who fhould fay, give Nightfhade in fuch a cafe, would prefcribe under a dangerous name; till all thefe were known afunder.

Hence alfo appears their folly (for it deferves no better name) who would advife men to feek the virtues of Herbs merely by their forms, or characters.

We fee in this fmall fpecimen, that, among radiated Plants, one is fomachic, another pectoral, a third a powerful diuretic ; and fo on: yet are no Plants more naturally or jufly joined in character, than thofe with radiated Flowers. And even, befide all this variety of virtues in there; the Doronicum and fome others of this

## [ 55 ]

kind, are poifonous. It is experience, not the forms of Plants, mult lead us to the truth : but that, unlefs we are accurate, is ufelefs.

The Author of thefe carefully confidered Pages hopes, by their means, to make fuch accuracy eafy, and familiar. God has given him many bleffings: the Public are the means thro' which he has received them ; and this is the return -which piety and gratitude demand. For once the motive will not be miftaken ; for thofe who fee the nature and price of the prefent Publication, will not fuppofe 'tis dictated by intereft.

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Numb. II.

VIRTUES 0 F

BRITISH HERBS.
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rellood.

## VIRTUES

0 F

## BRITISH HERBS.

WITH THE HISTORY, DESCRIPTION, and FIGURES, of the feveral Kinds;
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The Method of giving them; and Management of the Patients in each Difeafe;

CONTAINING,

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Of the Piles by Yarrow.
An Account of the eminent Virtues of Butterburr in Pestilential Fevers, and the Plagueitfelf.
And of the Excellence of Flowers of Tanzy for the Cure of Worms, The Power of Consound as a Vulnerary; and the original Receipt for Arquebusade-Water:
With an Inftance of an inveterate Stomach-Compiaint cured by a Tea of the Flowers of Sweet Feverfew.
The Whole illuftrating that important Truth, That the Pyants of our own Country will cure all its Diseases. To which is added, The Manner of raifing Yarrow, for encreafing the Quantity of wholefome Pafturage in Grafa Grounds.
A WORK intended to be ufeful to the Sick, and to their Friends; to private Families; and to the Charitable, who would help their Neighbours.

## N UMBERII.

To be continued Occafionally, as new Virtues are difcovered in Plants; or neglected, or doubtful ones afcertained by Experience.

## By J OHN HILL, M. D.

Member of the imperial Academy.

## L $\quad \mathrm{O} \quad \mathrm{N} D \mathrm{O}$ :

Printed for R. Baldwin, in Pater-nofer-Row; J. Ridrey, in St. James'sStrect; J. Nourse, T. Becket, P.Elmsly, J. Campbeyl, and ( BeLf, in the Strand.

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## VIRTUES

OF

## BRITISH HERBS.

## 1. MATRICARIA SUAVEOLENS:

SWEET FEVERFEW:

$\stackrel{T}{1}$HE difk of center of the Flower rifes high, and its Rays turn back.
This is an Annual, a Weed in the corn fields of Suffex, and other places where the ground is light and fandy: it grows to twelve or fourteen inches high, fometimes to two foot, with an upright Stem, and many Branches.
$\mathrm{N}^{0} \mathrm{II}$.
B
The

## [ $5^{8}$ ]

The Stalk is ruddy, firm and hard.
The Leaves are cut into divifions as fine as threads, and are ô̂ a dufky green colour.

The Flowers are very numerous, large, and white; only the difk, or central part is yellow. They blow in June.

The Flowers of this Plant have a remarkably agreeable biternefs; and they poffefs the virtues fuch a tafte declares: they are fomachic in a very high degree: I had a fingular and friking inftance of it fome years ago. The late Duchefs of Richmond, molt excellent of women, moft charitable and moft beneficent; through whofe mẽans I have done, I hope, fome good in Suffex; defired me, when once at Goodwood, to vifit a farmer's wife in the neighbourhood who was perifhing from mere want of nourifhment. An averfion to all food had poffeffed her for many months; not to be accounted for by any means; or equalled by all that has been written in medicine. It was fcarce polible to get her to tafte any thing whatever:


## [ 59 ]

and a few minutes after the leaft morfel was down, the always threw it up again.

I found her in the ufe of a Tea made from this Plant; and as her friends thought it promifed good, I recommended the continuance of it . The Tea was made only from the yellow difks of the Flowers clipped into boiling water. A Clergyman in the neighbourhood had taught her the method, and fhewed her the Plant. The infufion was the mon grateful bitter that could be tafted. Her ftomach, that abhorred Gentian, and the like, bore this: and by a conftant perfeverance in its ufe the was cured.

In country families are found many inflances of fuch peculiar virtues, in particular Species of Plants; he will be very ufeful who fall affift in collecting them together, and making them gencrally known.

## [ 60 ]

2. MATRICARIAINODORA:
FIELD FEVERFEW.

The difk of the Flower is broad and low; and its rays fpread out flat.

This is an Annual: a Weed on our dry ploughed grounds and ditch banks : it grows to half a yard high ; in a wild ftraggling manner.

The Stailk leans in part upon the ground, and fpreads toward the top into feveral Branches: its colour is a dark, and coarfe green, often ftained with red.

The Leaves are of a deep and dufky green ; and when bruifed, they have a raw unpleafant fmell.

The Flowers are large, and of a milky white, with an orange-coloured difk.

They blow in Auguf and September.

The great ufe of this Herb is external. The whole Plant with its Flowers beaten, and made

## $\left[\begin{array}{ll}61\end{array}\right]$

into a poultice, with fome bread and milk and a little oil, foftens and difpofes to maturation. It is emollient, and at the fame time warm; which is for this purpofe an uncommon but a happy mixture of qualities. I have feen it ufed with great fuccefs, and wifh the Surgeons would attend to $\mathrm{j} t$ : there is nothing they want more.

## V.

ACHILL\&A.

KARROW.

The Cup is ego-fhaped: and its fcales are oval, and turn in at the points.

1. ACHILLEA MILLEFOLIUM. COMMONYARROW.

The Leaves are cut into a multitude of fine fmall parts.

## $\left[\begin{array}{ll}62\end{array}\right]$

This is an upright, and not unhandfome Plant, common in our pafture grounds; and, like many others, of much more ufe and value than is gुenerally known. It is a Perennial, and grows to two frot high.

The Stalk is upright, covered with Leaves, but defitute of Branches, Its colour is a dull, and fomewhat greyifh green.

The Leaves are of a dead green colour, and of a tough fubfance.

The Flowers are ufually white; but 'tis a common, and very pretty variety to fee them of a delicate crimfon: and 'tis worth knowing, that the Flowers of this colour produce Seeds which will always raife red-flowered Plants.

They blow in July and Auguf.
Lord E-- firf told me, that Horfes loved the yourg Leaves of this Herb; and that it might be ufed to increafe the quantity of food in dry paitures that yield naturally but little grafs.

Some Writers of great name have takert pains to tell us what Plants Cattle will not eat:


## [ 63 ]

they judge of this by looking at what are left in grounds where they feed; and all fuch they direct to be rooted up. We have in this an infance, that more care is needful than men commonly will take, to fhew what is and what is not valuable. Yarrow is a Plant leff ftanding always in fed paftures; for Cattle will not eat its hard dry Stalk; nor have the Leaves any great value after this rifes; but Yarrow fill is ufeful. Ifowed fome in a barren patch of grafs ground; and all the while the Leaves were tender, the Cows and Horfes eat them heartily; and it proved wholefome, and doubled the natural produce. On cutting down the Stalks as they rofe, it fill kept in leaf and frehnefs; growing as it was eaten.

As a Medicine, Yarrow always has been eminent: it alleviates pain, and reftrains violent bleedings. The Piles are a moft frequent and mof troublefome illnefs: and they will fometimes be diftractingly painful; and bleed too much. In this cafe Yarrow fearcely has its equal. Aftrong

## [ 64 ]

Tea fhould be made of the Leaves, and drank plentifully; and equal parts of this Herb, and of Toadflax, fhould be made into a poultice with po-. matum, and laid on outwardly. Sleep follows, and the pain grows eafy, and the bleeding leffens,

There is an ancient fupertition of Yarrow curing Tertian Agues; but too idle to be much regarded. A Leaf of it is to be pulled off with the left hand, pronouncing at the fame time the fick man's name; and this Leaf is to be taken. The fame thing has been faid of Feverfew; for in old times names of Plants, as well as now, were too much confounded. The Feverfew feems fitteft for the purpofe; but doubtlefs it will do as weil without the fuperfition.
2. ACHILL屈A PTARMICA.

$$
S N E E Z E W O R T
$$

The Leaves are long and narrow, and beautifuily dented at the edges.

This

## $\left[\begin{array}{ll}65 & \end{array}\right]$

This is a pretty Plant, a Pcremial, native of our moift grounds, but not common.

It grows to two foot high, in a regular manner, with many upright Stalks of a pale green, and not much branched.

The Leaves are of a lively green ; and there is a neatnefs in the indentings round the edge that is very pleafing.

The Flowers are white, with a greyifh difk. They blow from July to November.

Culture renders them double; and they are then a very handfome ornament in our gardens.

This is an acrid Gharp Plant; it brings water into the mouth; and fnuffed up caufes fneezing, and that to the bleeding of the nofe. It is not one of thofe I would wifh fhould be of common ufe.
VI. GOL-

## [ 67 ]

The Flowers are of a gold yellow, and numerous though fmall.

They blow in Auguft.

It is a balfamic vulnerary Herb, long famous againt inward hurts and bruifes: but it has greater and more certain virtues.

It is an excellent and fafe Diuretic ; few things exceed it in the Gravel; and when there are fmall fones fo lodged as to caufe heat and forenefs, which are too often followed with bloody or purulent urine; then 'tis this Herb fhews all its excellence.

Its balfamic healing virtues co-operate with its diuretic quality; and the parts are at the fame time cleanfed and healed.

No preparation is better than a Tea of the Herb for this fervice; and the young Leaves have the moft virtue.

$$
\left[\begin{array}{ll}
68 & ]
\end{array}\right.
$$

## 2. SOLIDAGO ANGUSTIFOLIA:

## NARROW - LEAVED GOLDEN ROD.

This is a very pretty Plant, native of Ireland, a Perennial, that makes a handfome figure on their rocky hills. It grows to a foot and half high, and bas few or no Branches.

The Stalk is weak, tender, and of a dead green, tinged with a ruddy brown.

The Leaves are of a bright and gloffy green, finooth, and lightly dented at the edges.

The Flowers are of a pale yellow, and ftand in a loofe prety Spike.

They blow in July.

It refembles the preceding in virtues as in form.

## $[69]$

3. SOLIDAGO CAMBRICA.

## WELCH GOLDENROD.

The Flowers ftand at the top in a round clufter.

This is an humble, but a pretty Plant, a Perennial, native of the Welch mountains : a favoured food of Goats.

The Stalk is fimple, upright, brown, and fix inches high.

The Leaves are oblong, narrow, pale, and a little downy.

The Flowers are numerous, and of a gold yellow.

They blow in Auguft and September:

The tafte feems to thew virtues the fame with thofe of the firft kind, but in a much inferior degree.

## [ 70 ]

## VII.

## ERIGERON.

SIM S O N.

The Cup is cylindric: and its Scales are awl fhaped, and placed erect. The rays of the Flower are narrow.

## I. ERIGERON ACRE.

BLUESIMSON.

The Flowers ftand feparate, one above another, alternately.

This is a Perennial, native of our high dry grounds, a firange Plant that appears twice in the year, and wears two different faces.

In April we fee it weak, lying on the ground, and fcarce fix inches high : in Auguft and Sep* tember it flowers a fecond time, and is then robuit,


## [71]

buft, upright, about ten inches high, and carries larger Flowers.

The Leaves are of a dull dead green, foft to the touch.

The Stalk is ruddy, firm and dry.
The Flowers are of a purplifh blue : they never fpread wide open; but the Rays alway itand upright.

It is a fharp and acrid Plant. We have the teftimony of Haller, that they give it in fome parts of Germany in diforders of the breaft, where the complaint arifes from a tough phlegm. But it appears to me one of thofe things that thould be ufed with caution.
2. CANADASIMSON.

ERIGERON CANADENSE.

The Flowers are cluftered in great numbers at the top of the Stalks.

This

## [ $7^{2}$ ]

This is an Annual, that grows on our dry banks, and among rubbih: fometimes we find it not fix inches high, fometimes two foot or more.

The Stalk is of a dufky green tinged with brown.

The Leaves are various; the lower of fome breadth, and rudely dented; the upper narrow and undivided; all of a dead green.

The Flowers are white, of no beauty.
They blow in Augutt and September.

## HERBS

## [73]

## H E R B S

Which have a radiated Flower, growing in a Cup that is fringed, or furrounded with fhort Leaves at the bottom.
i.

S E NECIO.
GROUNDSELL.

The Scales of the Cup are withered at their tops,

> I. SENECIO JACOBRA.
> COMMONRAGWORT.

The Leaves feem cut, or rather gnawn, to rags.

This is a Weed too frequent in our pafures, covering a great deal of ground to ill purpofe, N•II. C for

## $\left[\begin{array}{ll}74\end{array}\right]$

for no Cattle touch it. It is an Annual ; leafy, branchy, and of a coarfe ill arpect.

The Stalk is two foot high, firm, upright, thick, and of a coarfe green, often flained with brown or red.

The Leaves are of a dark coarfe green, and fmooth; and of an unpleafant fmell.

The Flowers are numerous and yellow.
They blow in June, July and Auguft.

The tafte of the Leaves is a difagreeable bitter, with a mixture of flarpnefs. It is faid they are good againft the Dyfentery *; and the juice is directed to be taken. Externally, they have been praifed with reafon againft Swellings, and in Inflammations. They are to be boiled to foftnefs, and applied as a warm poultice, with bread and oil.

$$
\mathrm{E}_{\mathrm{f}}^{\mathrm{E}} \text { Paulia }
$$



## $[75]$

## 2. SENECIOVISCOSUS.

## 2. COTTON GROUNDSELL.

The Leaves are thick, and clammy to the touch.

This is an offenfive fulfome Weed upon our dry ditch banks; an Amnual, of ftaggling and irregalar growth.

The Stalk is two foot high, foft; tender; and of a pale green.

The Leaves are of a faint green, thick, downy, and foft : they ftick to the hands; and fmell fo rankly that the common people call it Stinking Groundrell.

The Flowers are numerous, fmall, and of a faint yellow.

They blow in July, and till the end of fummer.

This has been praifed in fluxes of the belly, and I believe with reafon; for in the ufe of is

$$
[, 76]
$$

on other occafions, I have found that it has the emetic power of Ipecacuanha; but in a lefs degree, and not fo agreeable manner. The ufe I have made of it is againft hyfteric complaints; and it has proved a good, tho molt unpleafant medicine.
3. SENECIO SYEVATICUS.

## MOUNTAIN GROUNDSELL.

The Leaves ate fmooth ; and the Rays of the Flower turn back.

This is a tall and robuf Plant, common on our ditch banks, and in other watte dry places: an Annual.

The Stalk grows to a yard high, and is of a dull green tinged with brown.

The Leaves are of a faint-green, and firm to the touch.

The Elowers are numerous, and of a fine light yellow.

They blow in July and Auguit.
The

## [ 77 ]

The people in Lincolnthire ufe this externally againf pains and fwellings; and, as they affirm, with great fuccefs.

## 4.SENECIO AQUATICUS.

## WATER GROUNDSELL.

The Root Leaves are broad, with a few jags at the bafe; thofe on the Stalks are deeply divided down almort to the rib.

This is a Water Plant, common enough at ditch fides, and in places where the wetfands in winter; a Peremial of handiome growth.

The Stalk is two foot high, and fpreads out wide Branches.

The Leaves are of a lively green, fained fometimes with red; and they are fmooth and glofly.

The Elowers are of a beautiful bright yellow.

There is an acrid farpnefs in this Flant, that C 3 fpeaks
fpeaks againf its uf; though otherwife 'tis like the others of its kind.

## 5. SENECIO SARRACENICUS.

## SARRACENS CONSOUND.

The Leaves are oblong, broad, and ferrated.
This is a robuft confpicuous Plant, common in the meadows of Yorkhire and of Wilthire; elfewhere fcarce; a Perennial that propagates abundintly by its fpreading Roots.

The Stalk is four fout high, green, tough, and fpreading at the top.

The Leaves are of a fine frefh green, frnooth, bright, and glofly.

The Flowers are fmall and yellow.

Wonders are related of the virtues of this Herb againft hurts and bruifes. It is the great ingredient of the Swifs Arquebufade Water. It is balfamic and diuretic.


## [ 79 ]

Many receipts have been fpoken of for the making this famous Water; and great fecrets are made of them. The beft I have feen is that which follows: I obtained it, by purchafe, from a perfon of veracity and knowledge; and am happy in this opportunity of giving it to the Public; becaufe every one who has an Alembic, may make it with the greateft eafe.

Take Leaves of Angelica half a pound, Bugle, Scabious, Comfry, Spear-mint, Roman Wormwood, of each fix ounces; Germander, Rue, Speedwell, and Common Daify, each a quarter of a pound; roots of Butterburr, and Tops of St. John's Wort, of each three ounces; Leaves of Saracens Confound, ten ounces: gather thefe frefh and hang them up three days in an airy place; then clip them fmall, and put them into the fill, with two gallons of Molaffes Spirit; let them fland two days, then add three gallons of water, diftill off one gallon and a half; add to it one gallon of fpring water, and half a pound of the finett fugar. Let it fand four days, and then C 4 fiter

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\left[\begin{array}{ll}
80 & ]
\end{array}\right.
$$

filter it through paper, and put it up for ufe.

## 6. SENECIO ERUC厔FOLIUS.

## HOARY GROUNDSELL.

The Leaves are hoary; and the Rays of the Flower fpread flat.

This is a woodfide Plant; a Perennial that loves fhade, and flourifhes beft where there is a little moifture.

The Stalk is upright, and a yard high, of a pale green, and furnifhed with many Branches.

The Leaves are of a pale green, and fomewhat hoary.

The Flowers are large, handfome, and of a light yellow.

They blow in July and Auguft.

Its virtues feem the fame with thofe of the others of its kind; for the tafte, fmell, and all its fenfible qualities refemble them: and 'tis faid that


Marfh Fleabane or Birds tongure

## [ 81 $\quad$ ]

that a frong infufion of it is an excellent Gargle in a fore throat; fitting it out.
> 7. SENECIO PALUDOSUS.

## MARSH GROUNDSELL.

The Leaves are long, narrow, delicately ferrated, and downy underneath.

This is a very handfome Plant found in our marthes, upon rotten boggy ground, and almoft in watter; a Perennial, of upright regular growth.

The Stalk is brown, firm, near a yard high, and has few or no branches.

The Leaves are beautifully ferrated, and are of a bright light green above, and hoary below.

The Flowers are of a very fine bright yellow. They blow in Auguft.

In the ifle of Ely, where this Plant is common, they boil the Leaves in Hog's Lard, and make of them an ointment, which does good in

## [ 82 ]

Sciatica. The virtues are very much fpoken of, and the thing is eafy to be made : the I caves are to be frefh gathered, and chopped fmall, they are then to be pat into as much Lard as will melt eafily with them; and when they are bolled till they are crifp, the Lard is to be preffed offi and when cold, put by for ufe.

## H E R B S

Which have a tubulated Flower, growing in a Cup confiting of only one row of Scales.

If we pull off the Rays from any of the preceding Flowers, we ihall fee what is to be called a cubulated Flower. Thofe confift of a difk or central part furrounded with Rays: thefe of the central part only.
I. BIDENS

$$
\left[\begin{array}{ll}
83
\end{array}\right]
$$

I.
B I D E N S.

## HEMP AGRIMONY.

The Cup is broad and cylindric, and its Scales are hollow.

The Reader will remember the term Bidens; we had it in the former number at page 15 . But there are plants of this name which have no Rays to their Flower; and every herb muft ftand in its place here. There is no way elfe of knowing them diftinctly.

## 1. BIDENS TRIPARTITA.

TRIFIDHEMPAGRIMONY.

The Leaves are cut into three parts.
This

## [ 84 ]

This is a coarfe ill growing water Plant, branchy and robuft; an Annual of no beauty.

The Stalk is brown, upright, thick, and near a yard high.

The Leaves are of a dufky brownifh green.
The Flowers are yellow, and they blow in Auguft.

The feeds are oblong and light, and have three points, by which they ftick to the cloaths of thufe who pafs hafily by them. They fuck to Mr. Baker, the premier Philofopher of the Royl Society; and they will long fick to his name and theirs: he thought them living creatuies, and they were defcribed and figured as fuch in the Philofophical Tranfactions, under the name of Unknown Animals.

The Leaves of this Plant have the fingular fmell and tafte of the radiated Bidens of Ireland; but in a greater degree. 'Tis probable its qualities are of the fame kind: but 'tis that plant, not this, fhould be firt tried in cafes of the gravel.
2. BIDENS


## $\left[\begin{array}{ll}85\end{array}\right]$

2. BIDENS CERNUA.

## UNDIVIDED HEMP AGRIMONY.

The Leaves are lanced and dented, and they grow together at the bafe.

This is an Annual, native of our ditches and wet grounds; a buihy, coarfe, robuft Plant.

The Stalk is two foot and a half high, of a deep green, tinged with a ruddy brown, and full of branches.

The Leaves are of a frong fhining green, and fmooth; but towards Autumn they commonly get a ruddy brown hue alfo.

The Flowers are of a dull unpleafing yellow; they hang down; but the feeds which follow them, rife upright.

They blow in Auguft, and the feed ripens in September.

## [ 86 ]

The tafte and fmell declare the fame qualities in this, as the preceding, but it is fill lefs to be recommended for trial, than the Irifh kind.

## 3. BIDENS MINIMA.

## DWARF HEMP AGRIMONY.

The Leaves are lanced and undivided at the edges; and they ftand free of one another at the bafe.

This is a litte Annual, native of our damp places, and where water has ftood in winter; a plant of no beauty; eafily overlooked, and that has been overlooked, even by great writers.

The Stalk is fimple, upright, without any branches, and grows but to five or fix inches high. Its colour is a reddifh brown.

The Leaves are of a pale green, and waved at the edges.

The Flowers are yellow, and they ftand upright, not droop as the others.

They blow in Auguf.

$$
\left[\begin{array}{ll}
187
\end{array}\right]
$$

Linnæus did not allow the exiftence of this plant as a diftinct Species, in the former editions of his Species Plantarum: I had fome reafoning with his Pupils here about it : but he is open to conviction: and in the new edition of that valuable book, he has allowed it a place," as I had done in the Vegetable Syftem.

This has farce any thing of the peculiar fmell and tafte of the others.

## II.

PETASITES:

$$
B U T T E R B U R R \text {. }
$$

The Cup is oval, andits Scales are fat.

## [ 88 ]

## r. PETASITES OVATUS.

## COMMON BUTTERBURR.

The head of flowers is oval and compact.
This is a perennial fpreading plant, common in wet grounds and low meadows, and has the ftrange property of fending up its flowers at a different feafon from its leaves; very long before them. Many an eye is familiar with its vaft leaves that never knew the ruddy tuft of fiowers belong to the fame plant.

The Flower-ftalk appears early, and grows to eight inches high, thick, tender, juicy, and hung about with a multitude of fkinny films, of a pale flefh colour.

The Leaves come afterwards, and grow to a vaft fize; they are roundifh, of a pale green, with thick white veins, and often are a foot and a half in diameter.



$$
\left[\begin{array}{ll}
89 & ]
\end{array}\right.
$$

The Flowers are of a pale flefh colour.
They blow in April, and fade before the Leaves get of any great fize.

The Root is whitih, thick, tender, juicy, and fpreads about under the furface to a great extent. 'Tis one of thofe innumerable inftances that the Providence of God, ever attentive to the good of man, has placed thofe things about us in great plenty, that can be of great afé

This is an admirable medicine in fevers of the worit kind ; and taken early it prevents the mifchiefs that often rife naturally in the difeafe; and ofiener from the errors of phyficians. We may remember that in a fever which raged near twenty years ago, and proved very fatal, the phyfician ufually afked at his firf vifit, if the patient had been blooded; and if he was anfwered Yes, he told the relations there was little hope. Bleeding indeed was fatal in thefe cafes; and I am afraid the medicines ufually given in the frit attacks of all fevers, were not lefs fatal. The
$\mathrm{N}^{0}$ II.
D
difeare

## [ 90 ]

difeafe was of the putrid kind: the fame fever raged at the fame time in Germany; and while we died by bleeding, and by chemical medicines, they lived by Butterburr. We are threatened with a heavier vifitation now; our crimes call it from Heaven; the Almighty pardon us! and preferve us from it! but if that greateft of all calamities fhould come, there are few things from which we may expect fo great relief, as from this herb. 'Tis no new thought, or hafty obfervation. The old Greeks ufed it with the greateft fuccefs; and the very name of the plant among the Germans, is Peftilence Wort.

Whether for this, or for a lefs calamity; for putrid fevers, or for what is called the fore-throat ${ }_{y}$ with ulcers, which is indeed only one fymptom of a putrid fever, however otherwife it has been fpoken of; the method of ufing the Root of Butterburr, is this.

Lay open the earth about the root, and it will be found to confift of an oval body, fending out

## [ 9 gi ]

long, thick fibres: throw away the fibres, and cut the oval body of the root through, to fee if it be found. 'Tis of a whitih colour, of a pleafant, fragrant, fpicy fmell, and a warm aromatic bitter tafte, foft and tenider to the touch, and juicy.

Wath off the dirt from this; atid flice thin two ounces of it: fet on fome foft water to boil, put the roots into a new earthen pipkin, and pour upon them a quart of the water, boiling hot ; let it ftand till it is quite cold, no longer ; then pour it clear off; add a quarter of a pint of mountain wine, and a little fine fugar $\frac{3}{}$ and let about a quarter of a pint of this be taken once in four hours: the fpirits will be raifed; the horrid anguifh that attends thefe fevers, and announces their danger, will be removed; a kindly gentle fweat, not violent; will follow; every bad fymptom will difappear; and the patient will recover.

If in the worlt of cafes a boil fhould appear under the arms, or elfewhere, be affured that on

$$
\mathrm{D}_{2}
$$

## [ 92 ]

its coming to ripenefs, depends the hope of life; and to promote that, ufe the fame root externally. Make a common poultice of bread and milk, and to half a pint bafin of this, add a quarter of a pound of Buterburr root, bruifed, but not boiled; add alfo a little fallad oil, and apply this: keep it warm by many doubled cloths, and renew it often. The patient will thus have all the chanee of life, the nature of the cafe admits. Will you have more authority? receive it ; for confidence in truth is half a cure. Diofcorides, the Father of Botanic Medicine, commends it plainly enough for this ufe : and we fhould probably have read with him its praifes alfo internally, if all food right in the copies; but to our irreparable injury, that confurion of names which I have laboured fo much here to teach men to avoid; took place fo early. This, and Colocafia, an herb as different, as difference there could be, excepting only in the form and outline of the leaf, were confounded in one name -f Petafites. Theophraftus, the Parent of Bow

## [93]

tanic knowledge, called this plant Petafites, becaufe its leaf refembled the round hat of the antient Theffalians, which they called Petafis; and in the time from him to Diofcorides, the Fggytian ColocafianWater Lilly, having a round leaf alfo, obtained the fame name. As both plants grew in watery places, the confufion became fixed: but ftill, when fudorific virtue is attributed to Colocafia, I think that all the praife belongs to this. Galen has fignified his opinion plainly, by placing it with fimple medicines, warm in the third degree,

The excellentFuchfius is mon exprefs; and calls its virtues wonderful * in Peftilential fevers: and this he fpeaks not from tradition, but his own experience. Shall we go on?-But it were need lefs to prove the Sun gives light ; 'tis fcarce lefs certain, or lefs obvious, that this root, beyond all things elfe, cures Peftilential Fevers.

[^2]$$
\mathrm{D}_{3} \text { 2. PETA }
$$

## [ 94 ]

## 2. PETASITES ELATIOR.

 TALL BUTTERBURR.The Clufter of Flowers is long; and they ftand loofe.

This like the former grows in our wet grounds, and has all the particularities of its appearance: a Perennial that fends up its loofe flowersin Spring; its leaves long after them.

The Stalk is as thick as a man's thumb, of a pale fiefh colour, and leaflefs; only fome thin fllms hang about it as in the preceding.

The Leaves are of an enormous magnitude, rugged on the furface, and of a pale green colour, with whitioh ribs.

The Flowers are whitifh, with a faint dafh of flefh colour.

They blow in March.

## [ 95 ]

The Root of this has all the tafte and flavour of the former kind, but with more bitternefs. Its qualities are undoubtedly the fame, for they have been ufed indifcriminately: and this is in many places the more common. In a meadow near the late Sir William Bowyer's, at Denham, there grows enough of it to cure an army.

## $\mathrm{H} \quad \mathrm{E} \quad \mathrm{R} \quad \mathrm{B}$

With a tubulated Flower, growing in a Cup compofed of many rows of Scales.

$$
\begin{gathered}
\text { I. } \\
\text { TANACETUM. } \\
\text { TA N Z Y. }
\end{gathered}
$$

The Cup is a half oval. Its Scales ftand up=
D 4 right,

## [ 96 ]

right, and are placed clofe, and compact ; and they are thin and fharp pointed.

## I. TANACETUMVULGARE.

COMMONTANZY.

The Leaves are winged, and the fmall leaves are deeply cut in.

This is not only common in our gardens, but wild on our high grounds, and dry paftures in Durham; and fome other parts of England. sTis a perennial, and well looking Plant.

The Stalk is upright, branchy, of a light green, and a yard high.

The Leaves are of a bright, and pleafing green, and of a very fragrant fmell, not coarfe as that of the Tanzy common in our gardens, but a pieafing aromatic.

The Flowers are large, and of a bright yellow.

They blow in July and Augut.



## [ 97 ]

Notwithftanding that the Tanzy of our gat* dens, is doubtlefs originally the fame plant with this, they differ widely in their tafte and flavour. This is a very pleafant herb, and worth our notice, with preference; where it is to be had: where it is not, the other may be taken in its place.

It is an agreeable bitter; a carminative, and a deftroyer of worms: and 'tis in this capacity it is principally to be regarded. No complaint is fo common; and few bring on fo much mifchief: befide the more common and obvious diforders they occafion; a wafting, even to death, and Putrid Fevers fometimes accompany, and indeed arife from them: and oftener than is thought, they are the caure of Epilectic Fits. The medicines given againft them are for the moft part ineffectual ; and many of them mifchievous. Hellebore has brought on Convulfions; and every one knows the danger of Mercurials. Befides the greater mifchiefs of thefe latter medicines, "tis fit the world fhould know that half the

## $\left[\begin{array}{lll}98 & \\ 9 & \end{array}\right]$

the defective teeth in young people, are owing to Mercurials given when children.

To fuperfede thefe, nature has afforded us this herb in plenty; and Tragus, Hoffman, Etmuller, and Andry; names, one of which were fufficient in this care, join in the account of its thus deftroying worms : but that is not all ; they agree in its innocence and fafety: and in this farther praife; that by ftrengthening the ftomach; and preventing the flimy humowr in the bowels which gives them harbour and fupport, it hinders alfo their return.

The Flowers are the part to be ufed, and they fhould be given in powder; but there requires care in the collecting them to obtain all their virtue. Clip off a quantity of Tanzy flowers before they are over blown, clofe to the ftalk. Do this in the middle of a dry day; and fpread them on the bottom of a hair fieve turned upfide down: fhake them often about, and let the wind blow thro' them ; but keep them from the fun :

## [ 99 ]

When they are perfectly dry let them be powdered ; and of this powder give fix, eight, ten, or twelve grains at night, and early in the morning.

## 11.

## C O N Y Z A:

> PLOWMAN'S SPIKENARD.

The Cup is oblong and rugged; and the Scales of it are harp pointed; and they ftand wide, and bend out.

1. CONYZA SQUARROSA.

PLOWMAN'S SPIKENARD.

The Leaves are broad lanced.
This

## [100]

This is a Biennial, a coarfe, and but ill-look ing plant : we fee it by road fides, and in wafte places, upon high and dry'grounds, but not very common.

The Stalk rifes to two foot and a half high, and is of a ruddy brown, brittle, dry, and branchy toward the top.

The Leaves are rugged on the furface, of a coarfe dead green, and a little dented about the edges.

The Flowers are of a dull yellow, and fand in a clofe tuft, at the tops of the falks.

They blow in Auguft.

The Leaves, when bruifed, fend forth a quick, and aromatic fmell. To the tafte they are bitterifh, with fome fharpnefs. Such tafte and flavour cannot but befpeak fome medicinal qualities; nor do the accounts authors have given of its virtues, contradif them : but they fhould be more afcertained. The old Tragus, (commonly very faithful,) recommends it to promote the menfes : and indeed an innocent medicine of that kind is fo defirable,


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[101]
$$

defirable, and the obvious qualities of this plant are fo promifing, that I Chould recommend a very weak tea of it for careful trial. This might be watched with attention as to its effects; and made ftronger when it is found that may be borne.

The caution is needful; for Cordus, a careful obferver, fays the herb is fo hot as to render the mouth fore.

Some ftrength is required in fuch a medicine, and perhaps this has it. Where there is great efficacy, as in fteel medicines, there is alfo great power of miichief: and we fhould have many different things to fuperfede their ufe.

Diofcorides gives great praife 'to Baccharis; attributing to it warm and attenuating qualities. It would be worth a very careful attention if it were poffible we could be fure this was the Baccharis he meant: but unhappily there is that great confufion about the names of fome of the
plants,

## [ 102 ]

plants, of which he had experience. We have been falling into the fame mifchief now; and all knowledge faded before it. I hope this publication may have its ufe in ftopping the progrefs of a cuftom, which muft in time deftroy every attempt to help mankind. The greateft forrow is that the moft refpected names have given too much countenance to the practice. Linnæus, worthy of all praife, yet not without his faults, has given the names of Diofcorides's plants, to new kinds found lately in America. If fuch a method be not ftopped, good night to all.
III.

> E UPATORIUM.

## DUTCHAGRIMONY.

The Cup is conic, its Scales are lanced, they are unequal in fize, and they ftand ftrait upright.

ュ. EUPATORIUM CANNABINUM.
COM-

## [103]

## COMMON DUTCH AGRIMONY:

The Leaves are fingered.
This is a Perennial water-plant, a tall, fpecious, and very handfome one, that edges our brooks and rivulets, in moft places.

The Stalk is red, and grows to four foot high, upright and branchy.

The Leaves are of a bright and lively green, foft to the touch, and difpofed with a handrome regularity.

The Flowers are fmall, but innumerable; they are crowded together in a compact head, and are of a beautiful rofe-colour:

They blow in Auguft.
The Root is of an acrid, bitter, and unpleafant tafte: and will purge. But it operates roughly, vomiting as well as purging: we have better.

It has been recommended in Dropfies, and the Jaundice. Externally, it has indeed its ure. I have feen very bad fore legs cured by bathing and fomenting them with a decoction of this Plant.

## $1 \mathrm{~N} \quad \mathrm{D} \quad \mathrm{E}$,

A ND

## DIRECTIONS to the BINDER.



## V I R T U E S

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0 \mathrm{~F}
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## BRITISH HERBS,

AS USED IN FAMILIES.

By $D^{R} \quad H \quad I \quad L$.

N U M B. III.

$$
1772
$$

$8 \times 2 \cdot 10$


## V I R T U E S OF <br> BRITISH HERBS.

## WITH THEIR

HISTORY, and FIGURES;
An Account of the Diseases they will cure, AND THE MANNER OF GIVING THEM;

## COMTAINING,

CURES-Of Weakness of the Stomach, by a Conferve of Field

> SOUTHERNWOOD.
> Of Wind, by Wormwood.
> Of Quinsies, by the Herb Yellow Everlasting, boil'd in Water.

Of the Hooring Cough, by Cupweed, beat with Sugar.
Of Disorders of Young Women, by Mugwort, drank as Tea.
Of Sore Breasts, by Groundsell, apply'd as a Poultice.
Of the Gravel, by the Herb Goatsbeard; with a fingular Hifory.
Of Deafness, by the Juice of Sowthistie: with the Cale of a Gentleman, attended with fingular Circumfances.
Of Eruptions on the Skin $^{\prime}$, by Gosmore.
Of Heat of Urine, by a Sonchus Sallad.
A peculiar Infance of Weakness of the Bowels, cured by the Herb Gnaphalium, boil'd in Water.

And an Account of the Sussex Remedy for Horses that have Worms, by the Sea Cottonweed.

By J O H N H. I L L, M. D.
Member of the Imperial Academy.

$$
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L O \quad N \quad D \quad O \quad N: \\
\text { Printed for the A U T } \mathrm{H} \\
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\end{array}
$$

And Sold by R. BALDwin; J. Ridley; J. Nourse; Diliy; T. Becket; P. Elasiy; J. Campbele; Milian; Robson; Hoorham; Donaldson; Gardeer; bladon Hooper; wheble, and Pearce.
M.DCC.IXXII,
,

## V. I R T U E S

OF

## BRITISH HERBS.

IV.

A R T E M I S I A. MUGWORT.

THE Cup is rounded: its Scales are alfo rounded ; and they fand clofe, and turn in.

1. ARTEMISIA VULGARIS. COMMON MUGWORT.

The Leaves are white on their under fide.

This is a Perennial ; frequent on wafte No III. B grounds,

## [ 2 ]

grounds, by buildings ; and about dry hedges; a tall, handfome Herb, tho' not confpicuous for its Flowers.
The Stalk is of a ruddy brown ; firm, hard, and four foot high; upright, and full of branches, with fpiry tops.
The Leaves are of a deep, dufky green on the upper fide; but white underneath; and very handfomely divided into many flarp parts.
The Flowers are chaffy, fmall, and of a pale brown; very numerous, and difpofed in long fpikes.
They blow in July and Augurt.

The Leaves and Flowers, and the tops of the young Shoots in this Plant are all full of virtue: they are aromatic to the tafte, with a little fharpnefs; and are a moft fafe and excellent medicine in female diforders arifing from obftruction.

The IIerb has been famous for this from the carlieft time; and Providence has placed it every where


## [ 3 ]

where about our doors: fo that reafon and authority, as well as the notice of our fenfes, point it out for ufe : but chemiftry has banilh'd natural medicines.

Diofcorides beftows high praifes on the Herb ; and directs the flowery tops to be ufed, juft before they open into bloom : he determines the dofe to be three drams; and the manner of taking it as tea. 'Tis happy, when the antients, who faw the great effect of thefe medicines, have been fo accurate in the dofe, and manner of giving them; wherever they have, we find them always right; and may depend on them as our beft guides: where they have not been fo particular, no guefs, or bold opinion, is to be indulg'd; but all is to be learn'd from careful trial. To be affured of their medicines, is the firft care ; and that being afcertained, we fhall be certain to find the accounts they give us of their virtues true, if we will wait with patience till we find the dofe; beginning from a little. The many who
apply to me, wearied with the expence, and tired of the vain hope of relief from the com. mon practice, give me abundant opportunities of finding this, fafely, and exactly; and if thefe publications may convey clearly to mankind the way to reap the advantages of antient Galenical medicines, the attention to the object will have been well beftow'd.

There is no better medicine for young women, in whom the efforts of nature are too weak, than this: the Flowers and Buds fhould be ftrip'd off from the tops of the Stalks: three drams of thefe clip'd fmall, fhould be put into a bafin, and half a pint of boiling water poured upon them; and when juft cool it is to be drank with a little fugar and cream : this is to be taken twice a day, during the time of nature's effort; and the will rarely want any farther help; but if its effect be not altogether fufficient, fuch a tea of it hould be drank afterwards every day. Nothing is fo deftructive to the conftitution as the we of too powerful medicines

## [ 5 ]

medicines on this oczafion : this is fufficient, and can do no harm.

But 'tis not to this time of life 'tis limited; it may be taken at any period: and there is a peculiar way of ufe, in which I have directed it with great advantage. A lady of thirtysight, unmarried, and healthy, after riding many mornings on horfeback; a new exercife to her, and therefore over pleafing, found herfelf difappointed at the period of her expectation; with feverifh heat, pain, fwelling, and, I believe inflammation. She had been blooded in the foot, had taken Pennyroyal water ; and was entering upon fomething of more power, when the good lady ***** named to me her fituation. I told her inftantly of this Herb; and that the excellent Diofcorides, a better phyfician than Friend or Mead, advifed the fitting over the fteam of a decoction of it on certain occafions; and that in this particular cafe, that way feemed in every fenfe moft proper. A pound of Mugwort was boiled in two galB 3 - lons

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6 & ]
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lons of water: the whole was put together into a pan; and when the vapour was not too hot to be born, the lady fat over it. It was done at night ; and before morning, all was well, and happy.
2. ARTEMISIA ABSYNTHIUM.

## COMMON WORMWOOD.

The Leaves are pale on both fides; and the Flowers hang down.

This is a Perennial Weed, which nature has thrown every where about our doors: farmyards and dry wafte grounds are full of it; and tho' its tafte and fmell are both forbidding, they fill might reafonably lead men to fuppofe it poffers' $d$, as in truth it is, of great virtues.

The Stalk is of a pale green, tough, upright, and divided wildly into many branches: it grows to a yard high.

The Leaves are of a pale green, divided into

## $\left[\begin{array}{ll}7\end{array}\right]$

a multitude of parts, and they feel foft to the touch, but make the fingers bitter.

The Flowers are very numerous, fmall, chaffy, and of a pale olive-colour at firf, but after ftanding a while, they grow brownifh.

They blow in June and July.

A great deal has been faid of the virtues of Wormwood, and more yet may with truth; but there are three kinds of it; and to enjoy the full powers it poffeffes, they muft be known, and well diftinguifhed; for each kind has its appropriated difeafe to combat; and its particular manner in which to be given. The three kinds are thefe, the Common, the Sea, and the Roman ; the two firft are wild in our country; the third is frequent in the phyfic gardens, and may always be had: but as not a native, is not figur'd here.

Of thefe the Common is the frongeft ; the Sea Wormwood is the fecond in bitternefs; and B 4
the

## [ 8 ]

the Roman joins a great deal of aromatic flavour, with but a little bitter.

The Common Wormwood now defcrib'd, is very excellent in weaknefs of the ftomach; and, far beyond the common knowledge, is powerful againt the gout and gravel.

The Leaves have commonly been ufed, but the flowery tops are the right part. Thefe, made into a light infufion, ftrengthen digeftion, correct acidities, and fupply the place of gall, where, as in many conftitutions, that is deficient.

One ounce of the Flowers and Buds fhould be put into an earthen veffel, a pint and haif of boiling water poured on them, and thus to fand all night. In the morning the clear liquor with two fpoonfuls of wine fhould be taken at three draughts, an hour and haif diftance from one another. Whocver will do
this regularly for a week, will have no ficknefs after meals, will feel none of that fulnefs fo frequent from indigeftion, and wind will be no more troublefome: if afterwards, he will take but a fourth part of this each day, the benefit will be lafting.

If an ounce of thefe Flowers be put into a pint of brandy, and let to ftand fix weeks, there will be a tincture produced, of which a table-fpoonful taken in half a gill of water twice a day, will in a great meafure prevent the increafe of the gravel; and give great relief in the gout. The celebrated Baron Haller has found vaft benefit by this; and myfelf have very happily followed his example.

This fort of tincture is a family medicine, and a few fuch kept in readinefs will fave the expence ; and, what is much more, the mifchief of ignorant practitioners.

## $[10]$

## 3. ARTEMISIA CAMPESTRIS. FIELD SOUTHERNWOOD.

The Leaves are divided into many parts like threads.

This is a very pretty Perennial Plant, that loves the hedge fides of high and dry pafture grounds, affociating with the wild thyme and blue bell, but lefs common : it grows to a yard high, with a multitude of fpreading branches.

The Stalk is dry, hard, brittle, glofy, and red, and leans upon the ground toward its bafe.

The Leaves are thick, firm, and of a fine Arong green.

The Flowers are of a pale olive-colour, few, and fmall.

They blow in July.

The Plant is of a warm, fine, pleafant, aromatic

## [ 11 ]

matic tafte, with a little bitternefs, not enough to be difagreeable. It wants but to be more common and more known to be very highly valued. In Cambridgeffire, where it is very common, I have given it in the form of Conferve, with a great deal of fuccefs, in weakneffes of the fomach. The manner is thus: Clip four ounces of the Leaves fine, and beat them in a mortar, with fix ounces of loaf fugar, till the whole is like a pafte; three times a day take the bigners of a nutmeg of this: it is pleafant, and very effectual; and one thing in it is particular, it is a compofer; and always difpofes the perfon to fleep. Opiates weaken the ftomach, and mult not be given often where we wih for their affiftance: this poffeffes the foothing quality without the mifchief. I thought it fingular in this Plant, but lately have found on many careful trials that the Columba has the like qualities; a bitter and an opiate. How eafily nature mixes powers which to us would appear contradictory.

4. ARTEMISIA

## [ 12 ]

## 4. ARTEMISIA MARITIMA. SEA WORMWOOD.

The Leaves are covered with a white thick down.

This is a Perennial ; a hardy Weed, that covers many acres of our fea coaft in different parts of the kingdom; a fpreading Plant, and of a fingular, tho' not elegant appeararice.

The Stalk is white, woolly, hard, half a yard high, and has a few fhort and irregular Branches.

The Leaves are tough, firm, and white.
The Flowers are pale brown; and the Shoots on which they fand, hang drooping.

They blow in July.
This is a very noble bitter; its peculiar province is to give an appetite, as that of the Common Wormwood is to affift digeftion : the flowery tops, and the young Leaves and Shoots poffefs



## $\left[\begin{array}{ll}13\end{array}\right]$

poffers the virtue; the older Leaves and the Stalk fhould be thrown away as ufelefs. Boiling water poured upon it produces an excellent ftomachic infufion ; but the beft way is, taking it in a tincture made with brandy, in the fame proportion as was directed before. For leffer complaints, the Conferve, fuch as directed to be made of the field Southernwood, agreeably anfwers the purpofe. The apothecaries put three times as much fugar as of the ingredient in their Conferves; but the virtue is loft in the fweetnefs : thofe will not keep fo well that have lefs fugar, but 'tis eafy to make them freh as they are wanted.

The Roman Wormwood differs not much from this; the Leaves are finer cut, and lefs woolly. This laft is the mof delicate, but of leaft ftrength. The Wormwood wine fo famous with the Germans, is made with Roman Wormwood, put into the juice, and work'd with it: it is a ftrong and an excellent wine, not unplearant, yet of fuch efficacy to give an appetite,

## $[14]$

appetite, that the Germans drink a glafs with every other mouthful, and that way eat for hours together, without ficknefs or indigeftion.

But over and above the immediate effects of Wormwood upon the fomach; and befides the good we have related of it in the gout and gravel; its powers, and efficacy, are fcarce to be credited in the valt extent of cafes, wherein it can do great good indeed. The family who will underftand and apply this and a few more of the medicines at their door, will have flight ufe for other phyfic.

1 have cured the very worft hyfteric complaints only by conftant ufe of the tincture of Common Wormwood, made as here directed.

In the fcurvy it has prov'd of excellent fervice to many patients; in the hypochondriacal diforders of fudious fedentary men, few things have greater power: for thefe it is beft in a ftrong infufion; and I have feen great good

## [ 15 ]

from the Common Wormwood, given in jaundices and dropfies.

The whole blood, and all the juices of the body, are affected by the taking Wormwood. The milk of nurfes taking it is bitter.
V.

G NAPAALIU.
CUD W E ED.

The Cup is rounded; but its Scales are oval: they ftand loofe, and turn a little in; and they are filmy, bright, and often colour'd.
s. GNAPHALIUM SYLVATICUM. UPRIGHT CUDWEED.

The Stalk is fimple, without any Branches; and the Flowers ftand fcatter'd.

This is a Biennial; a little Plant, upright, fimple

## $\left[\begin{array}{ll}16]\end{array}\right.$

fimple in its afpect, and yet very pretty: it rifes among the fallen Leaves in our dry woods, and gives a fweet variety of afpect.

The Stalk is a foot high, whitih, dry, and brittle.

The Leaves are white, and cottony, foft to the touch, and tough.

The Flowers are of a dufky brown, bright, and gloffy.

They blow in July and Auguft ; and laft a long time: 'tis the quality of all the Cudweeds to keep, their beauty long.

The tafte of this Plant is fingular; 'tis in fome degree auftere and aftringent, yet there is in it a mucilaginous quality. Geoffroy calls it oily, but I think he miftakes, However that be, there is a promife of virtues from the tafte, and it has been but little try'd. We have feveral other kinds; therefore the enquiry is more needful ; but till the collected accounts

## $\left[\begin{array}{ll}17\end{array}\right]$

of our various country places here to be given, little has been known about them.

The tops of this Plant, before it has reach'd its full growth, have the virtue. I have feen it ufed only in one place. 'Tis frequent in Charlton Foreft in Suffex, and was given with fuccefs for that almoft incurable difeafe the Chin-cough. A fervant of the late Dutchefs of Richmond gave it ; and it was beat up into a Conferve, very fine, with a great deal of fugar, and the bignefs of a pea eaten at a time.
2. GNAPHALIUM* GALLICUM.

## CORN CUDWEED.

The Leaves are grafly; and the Flowers grow in their boroms.

This is a little Annual Weed, among our corn, trampled upon, unfeen, and wholly unregarded.

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## $\left[\begin{array}{ll}18\end{array}\right]$

The Stalk is five or fix inches high, and divided in a forked manner, with a few ftraggling Branches.

The Leaves are long, narrow, white, and flabby.

The Flowers are of a glofly brown, and ftand in their bofoms.

They blow in June.
It has the tafte and feeming qualities of the former ; but we know nothing of its ufe.
> 3. GNAPHALIUM MARITIMUM. SEA CUDWEED.

The Leaves are broad, and obtufe, and covered with a woolly matter.

This is an Annual; a fingular, pretty, and fragrant Plant: it covers the yellow fand of our fea-coafts in fome places for miles together, rifing in tufts of filver upon the golden ground; but'tis not common in all parts of England.

## [ 19 ]

The Stalk is five inches high, thick, white, and covered with wool.

The Leaves feem form'd of wool, not covered with it ; "one fcarce can fee their outline.

The Flowers are of a chefnut brown; upon which there plays, in the fun, a tinge of golden yellow, which, fet off by the whitenefs of the Leaves, brings to the mind that beautiful paffage of Shakefpeare, who calls the iflànd on whofe fhore it grows, a Golden Gem, fet in the filver fea.

They blow in June, and laft till the frof kills the Plant.

In Suffex, where 'tis common, the farmers give it to their horfes troubled with worms. I enquired carefully, but had not a fair account of any worms abfolutely voided on the giving it: yet flill 'tis worth continuing a trial. 'Tis innocent; and what is fingular enough, Boccone in his Mufeum recommends one of the Cudweeds, tho' not this, for the

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fame
fame purpofe. I fhould wonder how an Italian anecdote came to the knowledge of an Englink farmer, did I net remember that the late Duke of Richmond had a Piedmontefe fervant, who was a perfon of genius, a poet, and, for his ftation, very knowing.

## 4. GNAPHALIUM DIOICEUM.

## CATSFOOT CUDWEED.

The Stalk is fimple; and the Flowers grow in a thick head.

This is a Perennial ; a very fingular and extreamly beautiful little Plant, frequent on the Welch mountains; and found, tho in lefs glory, about Newmarket, and on other high grounds in England: it grows in tufts and clumps; covering the burnt foil with an elegance unknown from any other Plant, and in any other places.

Mr. Vaughan, 2 gentleman of Waies, to whom

## $[2 I]$

whom I owe many Plants, introduced this into gardens; bordering the beds and walks with it as our people do with Thrift ; and it renews itfelf every feafon, in fit foils, with an amazing beauty.

The Stalks ftraggle upon the ground to fix or eightinches in length, and fome rife to four inches high for flowering; they are white, and downy.

The Leaves are woolly, of a greyifh green, and very pretty.

The Flowers make a large head; an inch often in breadth, and of great beauty: they are clofe fet, and are naturally of a glowing, tho' not ftrong crimfon : often they are white; and I have feen them of a light violet colour $:$ in whatever fate, they are everlafting; and having no juices, never lofe their colour, or their lufte.

They blow in July.

The beauty of this Plant muft be its value : we know not its virtue.

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\mathrm{C}_{3} \text { 5. GNA. }
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## [22]

## 5. GNAPHALIUM GERMANICUM.

 COMMON CUDWEED.The Stalk is forked; the Flowers grow in oblond tufts in the divifions.

This is an Annual ; a fingular little Weed : frequent every where in corn-fields, and on barren hills, and heaths, and banks.

The Stalk is feven inches high, tough, and of a whitih brown.

The Leaves are oblong, wav'd, and of a whitifh olive-colour.

The Flowers are brown, with yellowifh tips : and they are bright and gloffy.

They blow in July and Auguft.

The aftringent virtues of the Cudweeds have been brought to ufe in this Species; many have given it inwardly againft fluxes of the belly, and with fuccefs : it operates effectually,



## $\left[\begin{array}{ll}23\end{array}\right]$

but not ftrongly, which is beft; for that is always dangerous.

The method in which I have feen it given is this: Cut to pieces two ounces of the entire Herb, Leaves, Stalks, and Flowers; boil them in a quart of water till lefs than a pint remains, then frain it clear off, and give a gill for a dofe, with two fpoonfuls of red Port wine : it is to be repeated once in ten hours, till the complaint ceafes.

## 7. GNAFHALIUM ULIGINOSUM.

BLACKHEADED CUDWEED.

The Stalk divides into many Branches, and is weak; the Flowers ftand feveral together at the tops.

This is an Annual; a low Weed, of fingular afpect; as frequent in our wet places by road fides as the preceding is in dry ones.

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## $\left[\begin{array}{ll}24\end{array}\right]$

The §talk is about four incheshigh; fometimes feven or eight; and is white, tough, and downy.

The Leaves are very foft, downy, and of a whitifh olive-colour.

The Flowers are black, fingular, and ftriking.
They blow in Auguf.

A child of eight years old had a weaknefs of its bowels, which threatened its deffruction. I cured it by the ufe of this Plant in clyfters. A handful of the Herb chop'd fmall was boil'd in a pint and half of water: and when only half a pint remained, it was thrown up as a clyfter, without any addition; and repeated daily till $2 l l$ was well.
7. GNAPHALIUM ARVENSE. LITTLE CUDWEED.

The Stalk is upright, and divided into a multitude of Branches; the Flowers are oblong, and pointed.

## $\left[\begin{array}{ll}25\end{array}\right]$

This is an Annual; a little Weed, in our corn-fields, and kitchen-gardens, following the spade and plow, every where in dry grounds.

The Stalk is firm, robuft, white, and about five inches high.

The Leaves are whitifh, downy, and fharp pointed.

The Flowers are of a fhining chefnut brown.
They blow in Auguft.

Its qualities feem the fame with the preced ing, but it has not been try'd.

## 8. GNAPHALIUM MONTANUM.

## MOUNTAIN:CUDWEED.

This is a little crawling Annual Plant, that ftraggles about our dry paftures and heaths.

Its Stalk is feven inches long, and branchy; but weak, and only in part raifed from the furface.

The

## $\left[\begin{array}{ll}26\end{array}\right]$

The Leaves are white, and leathery.
The Flowers are fnow white; and as the have the natural glofs of all the Cudweeds, they look like irregular clufters of pearls.

They blow in Auguft.

Effex is full of this little Herb; and 'tis common in Wales; elfe we do not often meet with it: the virtues are unknown.

## 9. GNAPHALIUM MARGARITACEUM.

## WHITE EVERLASTING CUDWEED.

The Stalk is branched toward the upper part ; and the Flowers make a broad head.

This is a Perennial ; a hardy, fingular, and very pretty Plant; that gives a filvery whitenefs to the pafture grounds in Wales, and fome parts of England; but is not common wild, tho' very frequent in our gardens.

## [27]

The Stalk is a foot and half high, white, firm, thick, and branch'd.

The Leaves are long, toughs and of a dead white.

The Flowers are perfectly white and glofly; shey fhine like pearls.

They blow in July; and they laft in beauty for ever : we call it therefore the White Everlafting.

The Leaves boil'd to foftnefs in water are excellent, apply'd outwardly to bruifes; the black nefs is carry'd off fafely, and quickly by them. 10. GNAPHALIUM LUTEO-ALBUM.

## YELLOW EVERLASTING CUDWEED.

The Leaves are fword fhap'd, and half fursound the Stalk at their Bafe.

This is an Annual; a beautiful wild Plant, in our iflands of Guernfey and Jerfey; and worthy a place in all gardens.

## [ 28 ]

The Stalk is a foot high, white, tough, and has few Branches.

The Leaves are of a whitifh green above, and quite white underneath.

The Flowers are of a bright lemon colour, fine, and glofly.

They blow in Auguft ; and they hold their beauty for ever.

In Jerfey Quinfies are frequent; and they cure them with this Herb. About two ounces of the Leaves and Tops are put into a quart of boiling water; the liquor is ftrained clear, and a cup of it drank every two hours; and the Leaves wet, and warm from the liquor are apply'd outwardly. This, with bleeding in the arm, very happily cures.

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$\mathrm{H} \quad \mathrm{E} \quad \mathrm{R} \quad \mathrm{B} \quad \mathrm{S}$
With tubulated Flowers growing in a Cup fringed at the Bafe.
I.

GROUNDSELL: S ENECIO.

The Cup is conic ; and its fringe is fhort.
I. SENECIO VULGARIS. COMMON GROUNDSELL.

The Leaves are cut into deep and irregulas notches.

This is an Annual ; a Weed moft troublefome in fields and gardens; and frequent on old walls, and in all wafte places.

The Stalk is tender, juicy, weak, and eight inches high.

The

## [ 30 ]

The Leaves are of a deep, but difagreeable green ; foft, and tender.

The Flowers are numerous, poor, and yellow. They blow all fummer.

There is fcarce an inftance where very com mon Plants have not their value and ufes: this common Weed has many, tho' neglected, virtues.

An infufion of it, made in the manner of tea, is an innocent and eafy vomit.

The Leaves, bruifed and applied outwardly to the ftomach, will produce the fame effect; and there is no better application for the gripes, and cholics of infants; when attended with ficknefs and reachings.

Few diforders give more terror to women than inflamed and fore breafts; but this common and innocent Herb cures them perfectly. Pick a handful of the frefh, juicy Leaves; bruife them


Emaphalium margaritaccum American Cudweed
 Jersey Cudweed

## $\left[\begin{array}{ll}1\end{array}\right]$

them with a little bread, boil'd foft in milk, and lay them on; repeat this as often as it becomes dry, ufing frefh gather'd Leaves every time. A few applications cure in flight cafes; but very bad ones will give way to a conftant rem petition.

## II.

JASIONE. SHEEPS RAMPION.

The Cup is oval; and the fringe is compofed of five long Leaves.

1. JASIONE MONTAN NA. HAIRY SHEEPS RAMPION.

This is a Biennial ; a fingular and pretty Plant : it grows on heaths.

The Stalk is dry, brittie, Alender, and of a pale green.

The

## [ 32 ]

The Leaves are of a pale dead green, and a little hairy: milk runs from them when broken.

The Flowers are of a very beautiful blue, pale, and elegant: they blow in Auguft.

The Plant is perfectly fingular ; and its virtues are quite unknown.

I judge by its tafte and fmell, that it is eminently cooling and diuretic, and have marked it for a careful trial. I wifh others would try it with me ; always ufing this caution in new things, to begin upon one's felf, becaufe we beft feel what may be expected; and to take frnall dofes firf, and then increafe them boidly. In this way there will be no danger; and the ftores are infinite that may be added to medicine, for he is infinite in goodneis who gave them, and he has given to us Reafon to direct us in their difcovery and ufe.

HERBS



## [ 33 ]

## H E R B S

Which have a ligulated Flower, compofed wholly of flat Rays; growing in a double Cup; form'd of two diftinct rows of Scales.

> I. TRAGOPOGON, GOATSBEARD.

The Cup is compofed of eight Scales; and they fpread out.

1. TRAGOPOGON PRATENSE, YELLOW GOATSBEARD.

The Leaves are flat, and graffy.

This is a Biennial; frequent in our pafture grounds; a very handfome Plant.

The Stalk is firm, upright, of a light pleafing green, and a foot high.
$\mathrm{N}^{\circ} \mathrm{III}$ 。
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The

## [ 34 ]

The Leaves are grafly, of a pleafing blueifh green ; tender, and milky, when broken.

The Flowers are yellow, large, and beautiful; they clofe in the mid-day, and our country people therefore call it, Go to bed at noon.

They blow in July.
The Herb is fo innocent, it may be eaten ; and fo pleafant, that it invites the appetite: yet it is poffeffed of virtues very worthy notice; and there is no way fo good of giving medicines, when that can be done. Our food we eat by pounds ; but medicines find their way into the body by drams and fcruples; what we eat paffes thro' the whole frame with our nourifhment; the phyfic reaches often but a fmall part of it. Receive an inftance of the effect of this.

A man of thirty-fix had a diforder in the kidnies: frequent fits like the gravel came upon him; with vomitings and Arangury, colics, and horrid pain; water, like coffee-grounds, was voided by drops; often foul matter came with it, and fometimes, afte: pains like labour,

## [ 35 ]

a finall bit of ragged gravel. There was no medicine that he had not try'd; fow hofpitals that had not received him as a patient; but not only no relief was found, but medicines inflam'd and irritated ; and always increafed his torture. When I faw him he had not flept for three nights, and he lay howling; what ftrength he had was all exerted in horrible lamentations; and there was colic, ficknefs, vomiting, and a total fuppreffion of urine: they fuppofed him loft, fated to die in the moft cruel tortures. To a difeafe that admitted no violent medicine, yet required a powerful one, I apply'd vaft dofes of this Herb; which I knew to be effectual, and at the fame time, innocent ; the happy character of thefe, and only of thefe medicines from Plants.

Firft, a large double handful of the entire Plant, Roots, Flowers, and all, was bruifed in a marble mortar, then boiled in two quarts of water to a pint : this was ftrained off; a full half pint was given, as a clyfter, with two table D 2 fpoonfuls

## [ 36 ]

fpoonfuls of fallad oil, a fpoonful of coarfe fugar, and a tea fpoonful of falt: he grew eafier in a very few minutes.

Half a pound of the Roots were boiled in three pints of water for eight minutes, then the liquor fet off, and ftrain'd when cold : he took a wine glafs of this with half a fpoonful of fweet-oil, and the fame quantity of mountain, once in an hour: it fat well on his ftomach ; he grew eafier ; but ftill no urine was procured : the clyfter was repeated after three hours; he continued the decoction, and the vomiting ceafed; but a little colic ftill remain'd. At the end of eight hours there burft forth a quantity of tough, foul, clotted matter, and urine followed in abundance. He grew well from that time; and tho' this is eleven years fince, he has kept well by a conftant ufe of the fame decoction, and recourfe to the clyfters when neceflary. This is a hiftory worth a long remembrance.

## [ 37 ]

2. TRAGOPOGON PORRIFOLIUM. PURPLE GOATSBEARD.

The Leaves are like the Leaves of Leeks; the Flower-Stalk grows thick at its top.

This is a Biennial ; a wild Plant, in our paftures, very fately and beautiful: it thrives beft. where there is fome moifture.

The Stalk is firm, upright, and near a yard high.

The Leaves are large, long, and of a fine freh green.

The Flowers are purple; and their long green Cups behind, add greatly to their beauty.

They blow in June and July, and fhut up at noon, as the other. There is a beautiful variety of this, with the centre of the Flower yellow, the reft purple; it rifes from the Seeds of one kind impregnated by the Farina of the other.

The virtues of this are the fame as thofe of D 3
the

## [ $3^{8}$ ]

the other, only lefs in degree: but 'tis pleafanter, and may be eaten in great quantities, and that way will be very ufeful in long lafting complaints. I knew a man cured of troublefome obftructions of the gall, that kept him in continual fears of jaundice, by eating confantly once every day, a plate of the Root of this Plant ftewed, as we do chardoons.

## H $\quad$ E $\quad$ R $\quad$ B $\quad$ S

With ligulated Flowers ftanding in a
Cup, form'd of many rows of Scales, laid like tiles over one another.

$$
\begin{gathered}
\text { I. } \\
\text { S O N C H UHISTLE. }
\end{gathered}
$$

The Cup is oval, and bloated; the Scales of it are unequal, narrow, and conic.
I. SONCHUS


## [ 39 ]

## \&. SONCHUS ARVENSIS.

## TREE SOWTHISTLE.

The Leaves which grow on the Stalk are hearted at the Bafe.

This is a Biennial; a tall, fpreading Plant ; frequent in corn-fields, where the foil is wet and clayey: a very troublefome weed to farmers.

The Stalk is tender, hollow, of a yellowifh green, and more than a yard high.

The Leaves are of a yellowifh green, and run with milk, when broken; as moft of thefe Plants do.

The Flowers are large, and of an orange yellow.

They blow in Auguft.
The virtue of this Plant lies in its milky juice; which is of great value, in difficulty of hearing. This often arifes from obfructing wax, often from inflammation, and fometimes

$$
D_{4} \quad \text { from }
$$

## [ 40 ]

from both thefe caures conjoined: an inflance of its wonderful power in fuch a cafe, may be ufeful to many.

A gentleman of fifty-fix, in bed with a fie of the gout, waked one morning with a confufed noife like finging if his head : and heard nothing that was faid to him ; he was aftonifhed, and his family confounded: the phyfician was called, who was not of the moft eminent, but talked of inflammation; and the furgeon, who looked very grave, and after difmiffing the family out of the chamber, alked after venereal complaints: fearing the very worft; and frightening the Patient that a fymptom of this kind might arife after many years: and that 'twas very difficult of cure. It happened I came in, not as a doctor, but a friend: and having had the gout; and a temporary deafnefs with it, (a mere fymptom arifing in the courfe of that dif. eare, I beg'd the learned leave of thofe gentlemen to try the juice of the tree Sowthiftle. I am afhamed to add, that the name feemed a paradox:

## [ 41 ]

paradox: they had heard of cabbage trees; but a tree Sowthiflle, was an abfurdity too great for them to fwallow. However, after referring them to every herbal in their own language, for a proof, that this was a very well known name; I had permiffion that its juice might be try'd, upon condition I would take the hazard and the blane upon myfelf; they declaring they knew nothing of the effects of the Herb. This parade did not alarm the patient's friends, but it made them more attentive to the event. A handful of the Stalk and Leaves of the tree Sowthiftle were beat in a marble mortar, and prefs'd; four fpoonfuls of the juice were put into a vial, with two fpoonfuls of fallad-oil, and one tea fpoonful of falt. The whole was Raook together, and fome of it poured out into a cup; two little lumps of cotton were wetted in this liquor, and one of them put into each ear. In an hour the finging and noifes ceafed; in another he heard diftinctly: the inflammation, which was but flight, ceas'd entirely; and 2 great deal of ear wax came forward, and

## [ 42 ]

was difcharged: by continuing this he never, had any return: and myfelf, as well as thofe who faw the little miracle, have directed it to numbers in cafes of hardnefs of hearing fince. There are fome deafneffes this will not reach; the venereal is one, which it cannot affect: but in forty-nine in fifty cafes it will readily cure : and in that kind, which comes gradually on with advanced years, it is a moft excellent application.
2. SONCHUS PALUSTRIS.

## MARSH SOWTH1STLE.

The Leaves are fhap'd like arrow heads at their bafe.

This is a Biennial ; native of the Thames fides; and frequent in other wet places where there is deep mud : a vaft and not unhandfome Plant.

The Stalk is hollow, tender, of a pale green, ind a yard and a half high.


## [43]

The Leaves are foft, and tender, of a light green, and pale underneath.

The Flowers are of a light yellow, and very numerous; and they ftand in a broad cluftering head.

They blow in Auguft.
The whole Plant is infipid, and of little ufe or value. Hares eat it.
3. SONCHUS OLERACEUS.

COMMON SOWTHISTLE.
The Leaves half embrace the Stalk; and the Cups are fmooth.

This is an Annual; a robuft Weed, that rifes in all gardens, and wafte grounds; troublefome moft of all to kitchen gardeners.

The Stalk is tender, hollow, branch'd, and of a light green, and two foot high.

The Leaves are of a frefh fine green, and full of a milky juice.

The Flowers are numerous, and of a pale lemon-yellow.

## [ 44 ]

They blow in June; and fo on to November.

The Plant is but five weeks from its Seeds falling to the new brood flowering and ripening their Seeds again. We call fuch Annual ; but we allow too much time; many fucceffions rife and decay in the fpace of a fummer.

The earlier Botanifts have talked of many kinds of Sowthiftle, which were only varieties of this; the jagged leav'd, the entire leav'd, the broad, and the narrow : but I have fairly try'd them here at Bayfwater; and the Seeds of either raifes all, fo they are only accidental differences.
> 4. SONCHUSASPER. PRICKLY SOWTHISTLE.

The Leaves are prickly round their edges.
This is an Annual alfo; it plagues our kitchen gardeners, jult as the former; and is no lefs frequent : a robuft, tall, leafy Plant.


## [ 45 ]

The Stalk is very thick, tender, of a fine green, and two foot high.

The Leaves are of a frefh green, juicy, and tender.

TheFlowers are numerous, fmall, and yellow.
They blow from month to month all fum. mer.

Nature that has given this Plant in fuch abundance, kindly confidered her creatures in it. Numbers of the leffer animals live upon it : the hare, the rabbit, and that innocent kind, all in a manner, live upon its Leaves and tender Shoots; innumerable birds feed upon its Seeds; and a legion of the fummer Infects find food and fhelter in its Branches. There is frequently feen on its Leaves a white line, trac'd in various meanders; true love knots and rofes; the Leaf refembles a piece of Ægyptian marble when thus painted; in thefe hollows lives a worm fafe, between the two fkins, feeding upon the abundant juice, and, at length, hatching into an elegant Fly.

## $\left[\begin{array}{ll}48\end{array}\right]$

The Leaves from the Root are of a pale green, with long, rough, black hairs.

The Flowers are yellow, very bright, and fhining.

They blow in Auguft.
'The ufe of this Herb is external ; but it is very eminent : it cools, foftens, and heals. I faw this year an arm covered with fiery puftules, on the one half, and the other with terrible remains of fcratching, cured by it in four days: the Leaves were beat to a poultice with bread, milk, and a little oil, and ty'd round the arm.
2. HYPOCHÆRIS MACULATA. SPOTTED GOSMORE.

The Leaves are oval, undivided, and fpotted.

This is a Biennial; a fmall, but fingular Plant ; we have it on Newmarket heath, but it is not common.

The


The Stalk is feven inches high, tough, flender, and naked.
The Leaves are of a pale green, fpotted with " black.

The Flowers are of a fine light yellow.
They blow in Auguft.

A cobler of Cambridge, who ufed to teach Botany, told the Students this took off freckles: the young women warhed their faces with it; and, as they fay, with fuccefs. I have not feen it try'd; but it is innocent.
> 3. HYPOCHERIS GLABRA. SMOOTH GOSMORE。

This is a Biennial; a little Plant, of our high grounds, but not common.

The Stalk is hard, leafefs, and a pale green. The Leaves are of a bright hining green. The Flowers are pale yellow; and their long Cups make them look very pretty.
$\mathrm{N}^{\circ} \mathrm{III}$.
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They blow in Auguft.

It has the tafte of the two former, but faint, and unpromifing.

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